



Australian Government

CUADAN607 Extend contemporary dance technique to a professional level

Release: 2

CUADAN607 Extend contemporary dance technique to a professional level

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to show range, depth, precision and complexity across contemporary dance technique and repertoire at a professional level.

This unit applies to dancers who are moving towards professional careers in contexts where complex contemporary dance technique is required for performing as members of a dance company as an ensemble or soloist dancer or in other professional contexts.

At this level, dancers are constantly refining their technique and perfecting their artistry across complex dance sequences and repertoire, including improvisation, solo and group work.

While some supervision and guidance are provided in practice sessions and rehearsals, dancers are expected to display a high level of motivation and responsibility for themselves and others during practice sessions, rehearsals and live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts - dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>

1. Excel at a physical conditioning program	1.1 Meet physical conditioning requirements of professional dance work 1.2 Demonstrate ongoing stamina, strength, cardiovascular endurance and flexibility 1.3 Minimise risk factors that inhibit the achievement of goals and seek professional assistance when required 1.4 Observe safe dance practice by performing warm-up and warm-down activities in conjunction with dance activities
2. Execute a professional level of artistry and presentation in practice sessions	2.1 Apply a professional level of concentration and expertise to refine extended contemporary dance technique in each section of class work 2.2 Develop complex performance attributes and quality of movement in sequences of extended difficulty 2.3 Show strength, precision and complexity in all aspects of footwork 2.4 Exhibit professionalism and adaptability to incorporate unseen combinations with speed and verve 2.5 Refine techniques for working with a partner 2.6 Demonstrate through ongoing technical strength, diversity and refinement, evidence of advanced self-correction and concentrated response to feedback
3. Extend improvisation techniques	3.1 Practise improvisation tasks of increasing complexity and diversity 3.2 Apply an ever-expanding movement vocabulary and spontaneity in response to various stimuli 3.3 Achieve a mature performance quality through improvised solos and scored group work 3.4 Use a wide range of improvisation skills to extend choreographic possibilities
4. Practise complex contemporary dance movement sequences	4.1 Practise complex movements with increased attention to rhythms and time signatures commonly used in contemporary dance 4.2 Convey a high level of spatial awareness appropriate to solo and group work 4.3 Execute group work with a professional sense of cohesion, and solo work demonstrating strong musical individuality 4.4 Present variations and complex movement sequences with a high level of stage presence and confidence across contemporary

	dance styles
5. Develop professional practice	5.1 Refine professional work ethic and knowledge of contemporary dance history and trends 5.2 In consultation with teachers and mentors, develop realistic parameters for extending scope of performance practice 5.3 Identify regimes and artistic strategies to refine own performance technique

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	5.2, 5.3	- Analyses feedback and reflects on performance to identify ways to develop performance - Identifies opportunities to extend professional development
Oral communication	1.3, 2.5, 5.2	Obtains information by listening and questioning
Navigate the world of work	1.1, 1.2, 1.3, 1.4, 5.1, 5.2, 5.3	- Follows accepted industry practices in relation to safe dance practices and general work ethic - Takes responsibility for own professional development
Interact with others	1.3, 2.5, 2.6, 4.2, 4.3, 4.4, 5.2	- Collaborates with dance partners to ensure that partnered sequences flow and respond to choreographic intent - Communicates mood, style and grace through dance
Get the work done	2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 3.1, 3.2, 3.3, 3.4, 4.1, 4.2, 4.3, 4.4	- Adopts a methodical, disciplined and positive approach to dance classes and physical conditioning program - Works creatively with music and dance - Adapts appropriately to cultural differences in dance - Develops increased range and sequencing of unique improvised movements - Displays high level of competency in each section of class work - Responds to different time signatures - Executes counterbalance, support, manipulation mechanics and medium-level power lifting

		• Demonstrates skills in grip leverage, thrust and counter-thrust and coordinated timing • Performs high level isolation and energy placement techniques • Shows alignment and extensions in highly difficult combinations • Executes balances, turns and jumps on and off centre in a wide variety of shapes • Performs multiple turns in a variety of body shapes • Shows skills and speed in directional changes • Displays a high level of spatial awareness in group movements • Exhibits a high level of coordination of limbs, torso and head
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Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN607 Extend contemporary dance technique to a professional level (Release 2)	CUADAN607 Extend contemporary dance technique to a professional level (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN607 Extend contemporary dance technique to a professional level

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Performance Evidence

Evidence of the ability to:

- demonstrate through the execution of sequences the following dance skills:
 - mature understanding of dance improvisation as a skilled technique
 - alignment and extensions in highly difficult combinations
 - reproduction of complex movement sequences on both sides of the body
 - skills and speed in directional changes
 - high level of spatial awareness in group movements
 - high level of coordination of limbs, torso and head
- develop professional practice
- display a consistent level of commitment to developing performance quality and artistry in the given style
- use contemporary dance terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following principles relate to contemporary dance movements and techniques:
 - extending
 - folding

- relationship with gravity
- rotating
- shifting weight
- spatial awareness
- successional movement
- use of breath
- demonstrate physical and conceptual understanding of the fundamental technical principles in contemporary dance
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
- explain and demonstrate how the musical elements of time signatures, beat, tempo and syncopation apply to contemporary dance technique
- in relation to contemporary dance, demonstrate comprehensive knowledge of:
 - choreographic and stylistic nuances
 - genres, styles and philosophical nature
 - influential choreographers
 - the role of acting.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- fully equipped dance studios with suitable flooring
- appropriate music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

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