



Australian Government

Assessment Requirements for CUADAN606

Extend pointe work techniques to a professional level

Release: 2

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Modification History

Release	Comments
Release 1	This version first released with <i>CUA Live Performance and Entertainment Training Package Version 1.0</i> .

Performance Evidence

Evidence of the ability to:

- perfect pointe technique through practice, feedback and refinement
- demonstrate technical ability when executing sequences sur les pointes
- add individual artistry and expressive interpretation to the performance of ballet sequences
- execute advanced enchaînements with speed and precision
- use pointe work terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following principles relate to pointe work techniques:
 - balance
 - control of movement
 - muscular strength and flexibility
 - rotation
 - spatial awareness
 - successional movement
 - transference of weight
 - use of breath
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso

- range of motion of the joints
- differentiation of the legs and pelvis
- describe:
 - health and wellbeing issues relevant to classical ballet artists
 - risk factors in ballet for the body, especially in relation to pointe work
- explain the relationship between musical rhythms and pointe work
- describe key periods in the history of ballet and pointe and the principles of classical ballet.

Assessment Conditions

Gather evidence to demonstrate consistent performance in conditions that are safe and replicate the workplace. Noise levels, production flow, interruptions and time variances must be typical of those experienced in a dance learning environment. The assessment environment must include access to fully equipped dance studios with suitable flooring and appropriate music or accompanists.

Assessors must satisfy NVR/AQTF assessor requirements.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>