



Australian Government

CUADAN602 Perform advanced classical ballet technique

Release: 2

CUADAN602 Perform advanced classical ballet technique

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to train in the Italian virtuoso style of ballet that combines French ballet technique with a vigorous athleticism and has particular application to solo performances.

This unit applies to dancers who are moving towards professional careers in contexts where advanced ballet technique is required for performing as members of a dance company as a soloist and in other professional contexts.

At this level, dancers are constantly expanding and perfecting their artistry, technique and repertoire across a number of ballet styles and genres.

While some supervision and guidance are provided in practice sessions and rehearsals, dancers are expected to display a high level of motivation and responsibility for themselves and others during practice sessions, rehearsals and live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Excel at a physical	1.1 Meet physical conditioning requirements of professional dance

conditioning program	work 1.2 Demonstrate athleticism, stamina, strength, cardiovascular endurance and flexibility 1.3 Minimise risk factors that inhibit the achievement of goals and seek professional assistance when required 1.4 Observe safe dance practice by performing warm-up and warm-down activities in conjunction with dance activities
2. Refine advanced technique	2.1 Practise advanced ballet technique across each section of class work 2.2 Demonstrate complex performance attributes and quality of movement in sequences of extended difficulty 2.3 Show strength, precision and complexity in all aspects of footwork, including pointe work as required 2.4 Execute complex variations of ballet repertoire with accuracy 2.5 Exhibit professionalism and adaptability to incorporate unseen combinations 2.6 Demonstrate through ongoing technical strength, diversity and refinement, evidence of advanced self-correction and concentrated response to feedback 2.7 Demonstrate athleticism, muscularity, strength and stamina in gender-specific vocabulary as required
3. Perform advanced solo variations	3.1 Research and analyse a chosen solo from a defined classical or neoclassical ballet repertoire 3.2 Execute repertoire with high level technical accuracy, interpreting music and rhythm 3.3 Convey a high level of spatial awareness, including floor and aerial pattern 3.4 Execute solo work with a professional sense of musical individuality 3.5 Perform solo variations with a high level of individual artistry, interpretation, expression and physical control
4. Develop professional practice	4.1 Refine professional work ethic 4.2 In consultation with teachers and mentors, develop realistic parameters for extending scope of performance practice 4.3 Identify regimes and artistic strategies to refine own performance technique

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	4.2, 4.3	- Analyses feedback and reflects on performance to identify ways to develop performance - Identifies opportunities to extend professional development
Reading	3.1	Interprets information about solos to be performed
Oral communication	1.3, 2.6, 4.2	Obtains information by listening and questioning
Navigate the world of work	1.1, 1.3, 1.4, 4.1, 4.2, 4.3	- Follows accepted industry practices in relation to safe dance practices and general work ethic - Takes responsibility for own professional development
Interact with others	1.3, 2.6, 3.5, 4.2	- Works collaboratively with others involved in dance classes and performances - Communicates mood and style of dance repertoire to audiences
Get the work done	1.1, 1.2, 1.3, 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 3.1, 3.2, 3.3, 3.4, 3.5	- Adopts a methodical, disciplined and positive approach to dance classes, physical conditioning program and performing at a professional level - Works creatively with music and dance - Communicates mood, style and grace through dance - Displays high level of competency in each section of class work - Employs physical control throughout solo performances - Maintains correct posture, weight placement and alignment in fully rotated turn-out position - Shows alignment and extensions in highly difficult combinations - Performs complex movement sequences on both sides of the body - Shows skills and speed in directional

		changes • Demonstrates a high level of spatial awareness • Exhibits a high level of coordination of limbs, torso and head • Exhibits confidence in creating movement sequences
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Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN602 Perform advanced classical ballet technique (Release 2)	CUADAN602 Perform advanced classical ballet technique (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN602 Perform advanced classical ballet technique

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Performance Evidence

Evidence of the ability to:

- execute advanced ballet techniques with precision and artistry
- execute advanced enchaînements at a professional standard with accuracy, speed and clarity
- use physical control throughout solo performances
- demonstrate a high level of spatial awareness, including in floor patterns and aerial pathways
- exhibit confidence in creating movement sequences
- retain and reproduce complex movement sequences
- use ballet terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following principles relate to performing advanced ballet repertoire:
 - balance
 - control of movement
 - muscular strength and flexibility
 - rotation
 - spatial awareness

- successional movement
- use of breath
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
- explain and demonstrate how the musical elements of time signatures, beat, tempo and syncopation apply to ballet technique
- describe key points in the history of ballet relevant to chosen repertoire
- explain the principles of advanced classical ballet.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- fully equipped dance studios with suitable flooring
- appropriate music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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