



Australian Government

CUADAN516 Refine cultural dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to develop a high level of expertise in cultural dance technique.

The unit applies to those who are dancers consolidating a career where cultural dancing skills are required. Cultural dancing includes styles such as belly dancing, Irish dancing, Highland dancing, Spanish and Indian dancing, as well as character dance sequences in ballets. They would usually be performing as members of an ensemble, though some solo work could be expected. They may perform in character dances in ballets, and performances could be in commercial or competitive settings. At this level, they are constantly refining their technique and expression to produce performances that convey the mood and style of music through complex dance movements. While some supervision and guidance are provided, they are expected to be self-directed and display a high level of motivation and responsibility for themselves and others.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop and undertake physical conditioning program	1.1 Set physical conditioning goals aimed at improving own dance technique in consultation with teachers and mentors 1.2 Identify risk factors that may inhibit achievement of goals and seek advice as required 1.3 Perform warm-up and cool-down activities in conjunction with dance and physical activities according to safe dance practices

ELEMENTS	PERFORMANCE CRITERIA
	1.4 Improve stamina, strength and flexibility using a variety of techniques according to physical conditioning goals 1.5 Discuss fatigue and personal limitations with required personnel when undertaking physical conditioning program
2. Practise complex cultural dance techniques	2.1 Practise increasingly difficult techniques relevant to selected cultural dance style 2.2 Develop increasingly complex performance attributes 2.3 Refine ways to apply alternative forms of physical coordination in exercises and routines according to safe dance practices 2.4 Practise achieving strong harmony of movement in dance sequences with a partner 2.5 Perform exercises to build strength and stability in technique using knowledge of anatomical alignment principles 2.6 Practise improving accuracy in spatial arrangements in cultural dance routines 2.7 Perform cultural dance sequences applying precision, rhythm and musicality
3. Review and develop expertise in cultural dance technique	3.1 Identify and analyse sources to update knowledge of cultural dance history and terminology 3.2 Use self-evaluation and feedback from others and develop strategies for improving own cultural dance technique 3.3 View performances by industry practitioners and identify new ideas and trends that can be applied to own cultural dance practice

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	- Seeks the views and opinions of others to develop own knowledge and technique - Analyses feedback, reviews personal goals and reflects on learning and performance
Oral communication	- Obtains information by listening and questioning - Discusses dance terminology with others, seeking information and clarifying meaning of terms
Reading	Reviews a range of texts to update knowledge of dance terminology

SKILL	DESCRIPTION
Initiative and enterprise	• Works creatively with music and dance movements
Planning and organising	• Adopts a methodical and disciplined to physical conditioning program and dance classes
Self-management	• Follows industry accepted safe dance practices and injury-prevention strategies • Takes responsibility for own professional development
Teamwork	• Develops and improves dance techniques by working collaboratively with other dancers

Unit Mapping Information

Supersedes and is equivalent to CUADAN506 Refine cultural dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN516 Refine cultural dance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- present at least two cultural dance pieces, at least one of which must be an ensemble piece, and at least one of which must be a solo piece.

In the course of the above, the candidate must:

- perform complex dance or movement sequences that demonstrate:
 - confident performance skills
 - control of movement
 - interpretative and expressive skills
 - muscular strength and flexibility
 - quality and breadth of movement
 - strong and precise technique in selected cultural dance style
 - knowledge of stylistic qualities and dance customs associated with selected cultural dance style
- demonstrate professional work ethic during practice and performance activities
- follow injury-prevention techniques and safe dance practices
- use terminology associated with selected cultural dance style when required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- principles relating to physical movements and cultural dance techniques:
 - extending
 - folding
 - relationship with gravity

- rotating
- shifting weight
- spatial awareness
- successional movement
- use of breath
- principles relating to safe dance practice and injury prevention:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
- health and safety policies and procedures relevant to the dance environment
- application of musical elements of time signatures, beat, tempo and syncopation to dance technique associated with selected cultural dance style
- customs and philosophical principles of selected cultural dance style
- anatomical alignment principles and how they relate to performing exercises to build strength and stability in technique
- history and cultural context of selected dance style
- strategies to respond to self-evaluation, feedback and good practice to improve dance techniques.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- fully equipped dance studios with required flooring for performing cultural dance
- music or accompanists required for performing cultural dance
- interaction with others required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

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