



Australian Government

Assessment Requirements for CUADAN514 Perform ballet solo variations

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- perform at least three complex solo ballet pieces.

In the course of the above, the candidate must:

- demonstrate mastery of the following ballet techniques:
 - posture, balance and rotation
 - classical line
 - combinations of spatial organisations with pirouettes, balances and jumps of increasing difficulty and dynamic continuity
 - control of movement
 - individual artistic qualities
 - muscular strength and flexibility
 - placement and coordination of body parts
 - quality and breadth of movement
 - transference of weight
 - skill and speed in directional changes
 - alignment and extensions in highly difficult combinations
 - complex movement sequences on both sides of the body
 - high level coordination of limbs, torso and head and strong physical control
 - movement sequence creation
- prepare mentally and physically for solo performances
- respond to different time signatures
- display high level of competency in each section of class work
- display professional work ethic
- contribute to debriefing sessions

- use ballet dance terminology correctly.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- key aspects of solo pieces
- principles relating to physical movements and ballet techniques, including:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight
 - balance
- principles of safe dance practices and injury prevention, including those relating to:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
 - posture and alignment
- health and safety policies and procedures relevant to the dance environment
- performance psychology techniques and ways to prepare for auditions and competitions
- musical elements of time signatures, beat, tempo and syncopation, and their application to ballet dance technique
- principles of classical ballet, including those that apply to solo performances
- ballet terminology required to demonstrate the performance evidence
- strategies to respond to feedback and self-evaluation to improve ballet performance
- main periods in the history of ballet with particular reference to classical ballet solo pieces.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- fully equipped dance studios with required flooring for performing ballet
- opportunities for ballet performances

- suitable music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>