



Australian Government

CUADAN513 Perform repertoire for corps de ballet

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to apply complex ballet techniques when performing classical ballet repertoire as members of the corps de ballet in dance companies.

The unit applies to those who are adept in blending pantomime with technique and moving in unison to provide background support to soloists and lead dancers. While some supervision and guidance are provided, dancers are expected to be self-directed and display a high level of motivation, ballet technique and responsibility for themselves and others.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Apply physical conditioning program	1.1 Set realistic physical conditioning goals aimed at improving own dance technique 1.2 Identify risk factors that may inhibit achievement of goals and seek advice as required 1.3 Perform warm-up and cool-down activities in conjunction with dance activities according to safe dance practices 1.4 Build stamina, strength and flexibility using different techniques according to physical conditioning goals 1.5 Note and discuss fatigue and personal limitations when undertaking physical conditioning program

ELEMENTS	PERFORMANCE CRITERIA
2. Practise ballet technique	2.1 Apply complex ballet techniques across each section of class work 2.2 Display confidence across performance attributes 2.3 Show developed strength and complexity in footwork 2.4 Practise accuracy in executing classical ballet repertoire 2.5 Practise incorporating unseen movement combinations with speed and verve across different teaching methods
3. Apply technique in corps of dancers	3.1 Orient self in relation to other dancers 3.2 Practise classical ballet phrases and repertoire with other dancers, comparing and synchronising group movements 3.3 Apply acting and pantomime skills through movement, gesture and emotion 3.4 Demonstrate strong cohesion, flow and movement in unison for group work 3.5 Convey a high level of spatial awareness and respond to visual cues from other dancers in performing complex patterns 3.6 Present variations and repertoire with a high level of stage presence and confidence across required ballet styles and genres
4. Perform corps de ballet dances from the classical ballet repertoire	4.1 Undertake preparations required for performance context 4.2 Confirm that personal presentation is suitable for performance context 4.3 Apply performance psychology techniques to preparations 4.4 Demonstrate focus throughout performances and musical and rhythmic interpretation 4.5 Convey artistic quality, interpretation and expression through confident and precise execution of ballet dance techniques 4.6 Demonstrate complex spatial arrangements
5. Review and identify ways to develop expertise in corps de ballet techniques	5.1 Evaluate quality of performances in debriefing sessions and discuss ways of improving individual and ensemble technique 5.2 Identify and develop ways to improve own ballet dance technique and group work using feedback from others 5.3 View performances by industry practitioners and identify new ideas and trends that can be applied to own dance practice

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	Analyses feedback, reviews goals and reflects on learning and performance
Oral communication	- Obtains information by listening and questioning - Discusses ideas and solutions
Initiative and enterprise	- Works creatively with music and dance - Recognises opportunities to develop and apply new approaches to performing ballet
Planning and organising	Adopts a methodical, disciplined and positive approach to physical conditioning program, dance classes, performances and evaluation of own skill development
Self-management	- Follows accepted industry practices in relation to safe dance practices and injury-prevention strategies - Demonstrates general work ethic - Takes responsibility for own professional development - Takes steps to minimise risk of injury through appropriate physical conditioning program
Teamwork	- Works collaboratively to develop and improve dance techniques - Responds creatively and flexibly to partners while dancing together

Unit Mapping Information

Supersedes and is equivalent to CUADAN503 Perform repertoire for corps de ballet.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN513 Perform repertoire for corps de ballet

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- perform at least three ballet pieces demonstrating complex combinations of classical ballet technique and repertoire, as a member of the corps de ballet.

In the course of the above, the candidate must:

- perform in unison as a member of the corps
- demonstrate complex classical ballet technique, including:
 - posture, weight placement and alignment in fully rotated turn-out position
 - complex movement sequences on both sides of the body
 - high level of coordination of limbs, torso and head
 - spatial awareness in group movements
 - confident creation of movement sequences
 - alignment and extensions in highly difficult combinations
 - pointe work in footwork
- express individual artistic quality and interpretation through the application of acting techniques and pantomime
- prepare mentally and physically for professional performances
- use ballet terminology correctly
- respond to different time signatures
- demonstrate professional work ethic.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- principles relating to physical movements and ballet technique, including:

- extending
- folding
- relationship with gravity
- rotating
- shifting weight
- spatial awareness
- successional movement
- use of breath
- balance
- principles of safe dance practice and injury prevention, including those relating to:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
 - posture and alignment
- health and safety policies and procedures relevant to the dance environment
- performance psychology techniques
- ballet terminology required to demonstrate the performance evidence
- musical elements of time signatures, beat, tempo and syncopation, and their application to ballet dance technique
- strategies to evaluate and respond to feedback to improve ballet techniques.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- fully equipped dance studios with required flooring for performing ballet
- interaction with others required to demonstrate the performance evidence
- opportunities for ballet performances
- selection of music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

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