



Australian Government

Assessment Requirements for CUADAN509 Refine pointe work techniques

Release: 2

Assessment Requirements for CUADAN509 Refine pointe work techniques

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Performance Evidence

Evidence of the ability to:

- prepare feet and shoes for pointe work to avoid risks and injuries
- refine pointe technique through practice
- apply correct point technique to ballet repertoire
- respond appropriately to feedback on own pointe technique
- use pointe terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following sections of dance work apply to pointe work:
 - adage
 - allegro
 - barre
 - batterie
 - centre practice
 - grand allegro
 - pirouettes
 - warm up and warm down

- explain how the following principles relate to physical movements and pointe work techniques:
 - extending
 - folding
 - relationship with gravity
 - rotating
 - sequential movement
 - shifting weight
 - spatial awareness
 - use of breath
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
- describe:
 - health and wellbeing issues relevant to classical ballet artists
 - risk factors in ballet for the body, especially in relation to pointe work
- explain the relationship between musical rhythms and pointe work
- describe key periods in the history of ballet and pointe and the principles of classical ballet.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- fully equipped dance studios with suitable flooring
- appropriate music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>