



Australian Government

CUADAN506 Refine cultural dance technique

Release: 2

CUADAN506 Refine cultural dance technique

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to develop a high level of expertise in cultural dance technique or in physical disciplines that use advanced movement skills.

At this level, dancers are constantly refining their technique and expression to produce performances that convey the mood and style of music through complex dance movements.

This unit applies to those who are consolidating their career where cultural dancing skills are required, for example performing character dances in ballets. Performances could be in commercial or competition settings and dancers would usually be performing as members of an ensemble, though some solo work could be expected.

The skills in this unit can also be applied in physical disciplines such as martial arts or fencing where movements are closely allied to dance.

While some supervision and guidance are provided in practice sessions and rehearsals, dancers are expected to be self-directed and display a high level of motivation and responsibility for themselves and others.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the</i>	<i>Performance criteria describe the performance needed to</i>

<i>essential outcomes.</i>	<i>demonstrate achievement of the element.</i>
1. Maintain a physical conditioning program	1.1 In consultation with teachers and mentors, set realistic physical conditioning goals aimed at improving own dance technique 1.2 Use a range of techniques to improve stamina, strength and flexibility 1.3 Identify risk factors that may inhibit the achievement of goals and seek professional advice as required 1.4 Take fatigue and personal limitations into account when undertaking physical conditioning program 1.5 Observe safe dance practice by performing warm-up and warm-down activities in conjunction with dance activities
2. Practise cultural dance techniques of increasing difficulty	2.1 In practice sessions apply increasingly difficult techniques relevant to cultural dance style or physical discipline 2.2 Develop increasingly complex performance attributes 2.3 Practise articulating the philosophical principles of chosen dance style or discipline 2.4 Refine ways to apply alternative forms of physical coordination in exercises and routines 2.5 Practise achieving strong harmony of movement in dance sequences with a partner 2.6 Build strength and stability in technique by applying a knowledge of anatomical alignment principles in exercises and routines 2.7 Practise improving accuracy in spatial arrangements 2.8 Apply precision, rhythm and musicality in dance sequences
3. Maintain expertise in cultural dance technique	3.1 Apply professional work ethic to practice and performance activities 3.2 Incorporate injury-prevention techniques into dance and movement activities 3.3 Maintain and update knowledge of dance history and terminology 3.4 Use feedback from others to identify and develop ways to improve own cultural dance technique 3.5 Regularly view performances by industry practitioners as a way of sourcing new ideas, identifying trends, maintaining motivation, and improving own technique

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	1.1, 3.4, 3.5	- Seeks the views and opinions of others to develop own understanding - Analyses feedback, reviews personal goals and reflects on learning and performance - Gains insight from previous experience and from viewing the performances of others
Reading	3.3	Reviews a range of texts to update knowledge of dance terminology
Oral communication	1.1, 1.3, 3.3, 3.4	- Obtains information by listening and questioning - Discusses dance terminology with others, seeking information and clarifying meaning of terms
Navigate the world of work	1.4, 1.5, 3.1, 3.3, 3.4, 3.5	- Follows accepted industry practices in relation to safe dance practices and injury-prevention strategies - Takes responsibility for own professional development
Interact with others	1.1, 1.3, 2.5, 3.4	Works collaboratively to develop and improve dance techniques
Get the work done	1.2, 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 2.8, 3.1, 3.2	- Adopts a methodical, disciplined and positive approach to physical conditioning program, dance classes and evaluation of own skill development - Works creatively with music and dance movements - Takes steps to minimise risk of injury through appropriate physical conditioning program

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
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Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN506 Refine cultural dance technique (Release 2)	CUADAN506 Refine cultural dance technique (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN506 Refine cultural dance technique

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Performance Evidence

Evidence of the ability to:

- perform two complex dance or movement sequences that demonstrate:
 - confident performance skills
 - control of movement
 - interpretative and expressive skills
 - muscular strength and flexibility
 - quality and breadth of movement
 - strong and precise technique in the chosen cultural dance style or physical discipline
 - understanding of the discipline's particular stylistic qualities
- respond to constructive feedback on own performance
- use terminology associated with chosen cultural dance style or physical discipline correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following principles relate to physical movements and cultural dance techniques:
 - extending
 - folding

- relationship with gravity
- rotating
- shifting weight
- spatial awareness
- successional movement
- use of breath
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
 - healthy nutrition and diet
- explain and demonstrate how the musical elements of time signatures, beat, tempo and syncopation apply to cultural dance technique
- describe:
 - history and cultural context in which chosen dance style or physical discipline is situated
 - philosophical principles of chosen dance style or physical discipline.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- fully equipped dance studios with suitable flooring
- appropriate music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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