



Australian Government

Assessment Requirements for CUADAN504 Perform ballet solo variations

Release: 2

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Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 1.0.

Performance Evidence

Evidence of the ability to:

- perform solo pieces that demonstrate mastery of the following ballet techniques:
 - appropriate posture, balance and rotation
 - classical line
 - combinations of spatial organisations with pirouettes, balances and jumps of increasing difficulty and dynamic continuity
 - control of movement
 - individual artistic qualities
 - muscular strength and flexibility
 - placement and coordination of body parts
 - quality and breadth of movement
 - transference of weight
- prepare mentally and physically for solo performances
- display professional work ethic
- use ballet dance terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- analyse and describe key aspects of solo pieces

- explain how the following principles relate to physical movements and ballet techniques:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
 - healthy nutrition and diet
- explain performance psychology techniques and ways to prepare for auditions and competitions
- explain and demonstrate how the musical elements of time signatures, beat, tempo and syncopation apply to ballet dance technique
- explain principles of classical ballet, especially those that apply to solo performances
- describe the main periods in the history of ballet with particular reference to classical ballet solo pieces.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to:

- fully equipped dance studios with suitable flooring
- appropriate music or accompanists.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>