



Australian Government

CUADAN421 Develop expertise in cultural dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to add range and depth to cultural dance techniques.

The unit applies to those who are dancers and who wish to refine their technique and expression to produce performances that convey the mood and style of music through complex cultural dance movements. Cultural dancing includes styles such as belly dancing, Irish dancing, Highland dancing, Spanish and Indian dancing, as well as character dance sequences in ballets. They may be preparing for performances in commercial and competitive settings where they would usually be performing as members of an ensemble, though some solo work could be expected. While supervision and guidance are provided, they are expected to display a high level of motivation and responsibility for themselves and others when it comes to applying dance technique in a live performance context.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop and undertake physical conditioning program	1.1 Set physical conditioning goals aimed at improving own dance technique 1.2 Identify variety of techniques for preventing injuries and improving stamina, strength and flexibility in consultation with required personnel, according to physical conditioning goals 1.3 Identify risk factors that may inhibit achievement of goals and seek advice as required

ELEMENTS	PERFORMANCE CRITERIA
	1.4 Wear required clothing and footwear when undertaking exercise regime and practising cultural dance technique 1.5 Perform warm-up and cool-down activities in conjunction with dance and physical activities according to safe dance practices 1.6 Identify and discuss with required personnel fatigue and personal limitations when undertaking physical conditioning program as required
2. Practise complex cultural dance techniques	2.1 Develop practice plan for refining combinations of complex cultural dance movements in selected cultural dance style 2.2 Practise a range of techniques specific to selected cultural dance style according to practice plan 2.3 Demonstrate complex cultural dance techniques in practise sessions, incorporating rhythm and musicality 2.4 Execute sequences that use alternative forms of physical coordination according to safe dance practices 2.5 Identify and incorporate relationship between selected cultural dance style and accompanying music and other media into practice sessions 2.6 Confirm that flow and interaction with other performers is smooth and well-timed
3. Review and develop expertise in cultural dance technique	3.1 Identify sources that can be used to build knowledge of dance history and terminology 3.2 Use self-evaluation and feedback from others to identify and develop strategies for improving own cultural dance techniques and performance skills 3.3 View performances by industry practitioners and identify new ideas and trends that can be applied to own cultural dance practice

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	Seeks the views and opinions of others to develop own knowledge and technique
Oral communication	Obtains information by listening and questioning
Reading	Obtains information from written sources about cultural dance history and terminology

SKILL	DESCRIPTION
Initiative and enterprise	• Works creatively with music and dance
Planning and organising	• Adopts a methodical and disciplined approach to physical conditioning program and dance classes
Self-management	• Follows industry accepted safe dance and injury prevention practices • Takes responsibility for own professional development
Teamwork	• Works collaboratively to develop and improve cultural dance techniques

Unit Mapping Information

Supersedes and is equivalent to CUADAN411 Develop expertise in cultural dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN421 Develop expertise in cultural dance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- present at least two cultural dance pieces, at least one of which must be an ensemble piece, and at least one of which must be a solo piece.

In the course of the above, the candidate must:

- execute complex cultural dance and movement sequences that demonstrate:
 - confident performance skills
 - use of props
 - strong and precise use of technique in selected cultural dance style
 - control and attention to detail in sequences
- follow safe dance practices
- use terminology associated with selected cultural dance style when required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- principles relating to physical movements and cultural dance techniques, including:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight

- principles relating to safe dance practice and injury prevention, including:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
- application of musical elements of time signatures, beat, tempo and syncopation to dance technique associated with selected cultural dance style
- requirements of a personal practice plan
- philosophical principles of selected cultural dance style
- history and cultural context of selected cultural dance style
- strategies to respond to self-evaluation, feedback and good practice to improve dance techniques.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- dance performance areas or spaces with required flooring for performing cultural dance
- interaction with others required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

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