



Australian Government

Assessment Requirements for CUADAN418 Develop expertise in ballet techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- present at least three ballet sequences, at least one of which must be an ensemble sequence and at least one of which must be a solo sequence.

In the course of the above, the candidate must:

- demonstrate complex technical ballet steps and techniques
- respond to constructive feedback on own skills development
- demonstrate centre exercises including:
 - port de bras
 - adage
 - pirouettes
 - petite and grand allegro
 - batterie
- follow safe dance practices
- use ballet terminology when required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- key features of a physical conditioning program and techniques that can be included in such a program
- following technical principles and their application to classical ballet:
 - symmetry
 - flexibility
 - stability

- coordination
- angles and lines of the body and form
- gracefulness
- extension
- balance
- musicality
- principles relating to physical movements and ballet techniques, including:
 - relationship with gravity
 - spatial awareness
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight
 - balance
- principles of safe dance practice and injury prevention, including those relating to:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
 - posture and alignment
- musical elements of time signatures, beat, tempo and syncopation, and their application to ballet dance technique
- centre exercises required to demonstrate the performance evidence
- ballet terminology required to demonstrate the performance evidence
- main periods in the history of ballet
- strategies to respond to feedback and self-evaluation to improve ballet techniques.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- dance performance areas or spaces with required flooring for ballet performance
- interaction with others required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>