



Australian Government

CUADAN417 Develop expertise in dance performance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to add range and depth to performance skills in any dance style.

The unit applies to those who are dancers and who are constantly refining their technique and expression to produce performances that convey the mood and style of music through dance movements. They may be preparing for performances in commercial or competition settings where they would usually be performing as members of an ensemble, though some solo work could be expected. While supervision and guidance are provided in practice sessions and rehearsals, dancers are expected to display a high level of motivation and responsibility for themselves and others during live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Apply physical conditioning program	1.1 Set physical conditioning goals aimed at improving own dance performance technique 1.2 Identify variety of techniques that can be used for preventing injuries and improving stamina, strength and flexibility in consultation with required personnel, according to physical conditioning goals 1.3 Identify risk factors that may inhibit achievement of goals and seek advice as required 1.4 Wear required clothing and footwear when undertaking exercise

ELEMENTS	PERFORMANCE CRITERIA
	regime and practising dance technique 1.5 Perform warm-up and warm-down activities in conjunction with dance and physical activities according to safe dance practices 1.6 Note and discuss with required personnel fatigue and personal limitations when undertaking physical conditioning program as required
2. Practise dance performance techniques	2.1 Practise and refine a variety of complex movements and exercises in preparation for dance performances according to safe dance practices 2.2 Practise techniques for performing with a partner and in an ensemble 2.3 Practise performing basic solo routines according to requirements of selected dance style and sequence 2.4 Incorporate range of dynamics into performance during practice session using techniques 2.5 Practise performing exercises and dance routines using creativity, versatility, individuality and enthusiasm 2.6 Confirm that flow and interaction with other dancers is smooth and within required timing
3. Apply techniques in dance performances	3.1 Confirm intention and requirements of dance routine to be performed 3.2 Undertake performance preparations according to performance context and requirements 3.3 Confirm that personal presentation is in line with performance context and requirements 3.4 Apply performance psychology techniques to preparations as required 3.5 Confirm that dance movements relate to rhythm, melody and mood of the music as required 3.6 Convey choreographic intent of dances through confident and precise execution of dance techniques
4. Review and develop ways to improve dance performance techniques	4.1 Evaluate own dance performance and use of performance techniques, and note areas for improvement 4.2 Identify sources that can be used to build knowledge of terminology related to selected dance style 4.3 Use feedback from others on use of performance techniques and develop ways to improve own dance performance skills 4.4 View performances by industry practitioners and identify new ideas and trends that can be applied to own dance performance practice

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	• Seeks the views and opinions of others to develop own knowledge
Oral communication	• Obtains information by listening and questioning
Reading	• Obtains information from written sources about terminology of chosen dance style
Planning and organising	• Adopts a methodical and positive approach to physical conditioning program and dance classes
Self-management	• Takes responsibility for own professional development • Follows industry accepted safe dance practices and injury-prevention strategies
Teamwork	• Works collaboratively to develop and improve dance techniques • Builds rapport with dance partners and ensemble members

Unit Mapping Information

Supersedes and is equivalent to CUADAN407 Develop expertise in dance performance technique and supersedes and is not equivalent to CUADAN404 Develop expertise in bodyweather and butoh dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN417 Develop expertise in dance performance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- perform dance sequences on at least three occasions in front of an audience, at least one of which must be an ensemble performance.

In the course of the above, the candidate must:

- demonstrate the following attributes during performances:
 - strong stage presence and confidence
 - well-developed techniques in the selected dance style
 - spatial awareness in relation to other performers as required
 - physical control in dance movements
- respond to constructive feedback on own skills development
- maintain focus during performances
- communicate mood and style of dance pieces to audiences
- follow safe dance practices
- use terminology associated with selected dance style when required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- principles relating to performing dance sequences, including:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding

- extending
- rotating
- shifting weight
- principles relating to safe dance practice and injury prevention, including:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
- key characteristics of selected dance styles and genres when rehearsing and performing pieces
- application of musical elements of time signatures, beat, tempo and syncopation to dance technique
- techniques and processes that can be used to prepare for auditions and competitions
- strategies to evaluate performances and respond to feedback to improve performances
- performance psychology techniques that can be used in performance preparation
- aspects of stagecraft that can be used during dance performances.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments.

This includes access to:

- opportunities for real or simulated performances
- dance performance areas or spaces with required flooring for performing dance.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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