



Australian Government

CUADAN415 Develop expertise in street dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to add range and depth to street dance technique. This involves applying a physical conditioning program, using practice sessions to develop complex street dance techniques, and developing strategies to maintain dance expertise.

The unit applies to those who are dancers and who wish to refine their technique and expression to produce performances that convey mood and style of music through complex street dance movements. They could be preparing for performances in commercial or competition settings where they would usually be performing as members of an ensemble, though some solo work could be expected. While supervision and guidance are provided, they are expected to display a high level of motivation and responsibility for themselves and others.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop and undertake physical conditioning program	1.1 Set physical conditioning goals aimed at improving own street dance technique 1.2 Identify variety of techniques for preventing injuries and improving stamina, strength and flexibility in consultation with required personnel and according to physical conditioning goals 1.3 Identify risk factors that may inhibit achievement of goals and seek advice as required

ELEMENTS	PERFORMANCE CRITERIA
	1.4 Wear required clothing and footwear when undertaking exercise regime and practising street dance technique 1.5 Perform warm-up and cool-down activities in conjunction with physical and dance activities according to safe dance practices 1.6 Identify and discuss with required personnel fatigue and personal limitations when undertaking physical conditioning program as required
2. Practise complex street dance techniques	2.1 Develop personal practice plan for refining combinations of complex street dance movements 2.2 Practise combining complex street dance movements and steps according to safe dance practices 2.3 Develop new movements and improvise short street dance routines according to own unique style 2.4 Present street dance sequences using creativity, versatility, individuality and originality in performance 2.5 Apply precision, rhythm and musicality in performance 2.6 Apply coordination, flow and required timing when performing with other dancers as required
3. Review and develop expertise in street dance techniques	3.1 Identify sources that can be used to build knowledge of street dance history and terminology 3.2 Contribute to discussions about ways of improving individual and ensemble street dance technique 3.3 Use self-evaluation and seek feedback from others to identify and develop strategies for improving own street dance techniques 3.4 View performances by industry practitioners and identify new ideas and trends that can be applied to own street dance practice

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	Seeks the views and opinions of others to develop own knowledge
Oral communication	Obtains information by listening and questioning
Reading	Obtains information from written sources about street dance terminology

SKILL	DESCRIPTION
Planning and organising	Adopts a methodical and disciplined approach to physical conditioning program and dance classes
Self-management	- Follows industry accepted safe dance practices and injury-prevention strategies - Takes responsibility for own professional development - Works creatively with music and dance
Teamwork	Works collaboratively to develop and improve dance techniques

Unit Mapping Information

Supersedes and is equivalent to CUADAN405 Develop expertise in street dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN415 Develop expertise in street dance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- present at least two street dance pieces, at least one of which must be an ensemble piece and at least one of which must be a solo piece.

In the course of the above, the candidate must:

- execute sequences that demonstrate complex street dance techniques and a creative response to music
- demonstrate creativity, versatility, individuality and originality in dance pieces
- follow safe dance practices
- use street dance terminology when required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- techniques for improvising dance movements and creating a personal style of street dance
- principles relating to physical movements and street dance techniques, including:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight
- principles relating to safe dance practices and injury prevention, including:

- spine articulation
- foot engagement
- bases of support, including feet, legs, hands, arms and torso
- joint range of motion
- differentiation of legs and pelvis
- application of musical elements of time signatures, beat, tempo and syncopation to street dance technique
- requirements of a personal practice plan
- key periods in the history of street dance
- methods for notating street dance in the context of choreographing street dance routines
- strategies to respond to self-evaluation, feedback and good practice to improve dance techniques.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- dance performance areas or spaces with required flooring for performing street dance
- interaction with others required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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