



Australian Government

CUADAN407 Develop expertise in dance performance technique

Release: 2

CUADAN407 Develop expertise in dance performance technique

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to add range and depth to performance skills in any dance style.

At this level, dancers are constantly refining their technique and expression to produce performances that convey the mood and style of music through complex dance movements. They could be preparing for performances in commercial or competition settings where they would usually be performing as members of an ensemble, though some solo work could be expected.

While supervision and guidance are provided in practice sessions and rehearsals, dancers are expected to display a high level of motivation and responsibility for themselves and others during live performances.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts - dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Maintain a physical conditioning program	1.1 In consultation with relevant personnel, identify a range of techniques to prevent injuries and improve stamina, strength and flexibility

	1.2 Set realistic physical conditioning goals aimed at improving own dance technique 1.3 Identify risk factors that may inhibit the achievement of goals and seek professional advice as required 1.4 Take fatigue and personal limitations into account when undertaking physical conditioning program 1.5 Observe safe dance practice by performing warm-up and warm-down activities in conjunction with dance activities 1.6 Wear appropriate clothing and footwear when undertaking exercise regime and practising dance technique
2. Use practice sessions to increase level of expertise in dance performance techniques	2.1 Practise a range of exercises in preparation for dance performances 2.2 Develop expertise in performing with a partner or in an ensemble 2.3 Practise basic solo pieces as required 2.4 Extend techniques to give performances a range of dynamics 2.5 Use creativity, versatility, individuality and enthusiasm when performing exercises and dance routines 2.6 Ensure that flow and interaction with other dancers are smooth and well-timed
3. Perform dances	3.1 Undertake preparations appropriate to performance contexts 3.2 Ensure that personal presentation is appropriate to performance contexts 3.3 Prepare for competitions and auditions as required 3.4 Apply performance psychology techniques to preparations 3.5 Maintain focus to produce performances that relate dance movements to the music's rhythm, melody and mood as required 3.6 Convey choreographic intent of dances through confident and precise execution of dance techniques 3.7 Contribute to debriefing sessions to evaluate quality of performances and to discuss ways of improving individual or ensemble technique
4. Maintain expertise in dance performance techniques	4.1 Practise and refine combinations of complex movements and sequences 4.2 Maintain and update knowledge of terminology associated with chosen dance style 4.3 Use feedback from others to identify and develop ways to

	improve own dance performance skills 4.4 Regularly view performances by industry practitioners as a way of sourcing new ideas, identifying trends, maintaining motivation, and improving own technique
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Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	1.1, 3.7, 4.3, 4.4	- Seeks the views and opinions of others to develop own understanding - Observes industry practitioners, sources new ideas and identifies trends, and applies to own techniques
Reading	4.2	Obtains information from written sources about terminology of chosen dance style
Oral communication	1.1, 1.3, 2.2, 3.7, 4.3	- Obtains information by listening and questioning - Discusses ideas and solutions
Navigate the world of work	1.5, 1.6, 3.3, 4.1, 4.2, 4.3, 4.4	- Follows accepted industry practices in relation to safe dance practices and injury-prevention strategies - Prepares for auditions and competitions - Takes responsibility for own professional development
Interact with others	1.1, 1.3, 2.2, 2.6, 3.6, 3.7, 4.3	- Works collaboratively to develop and improve dance techniques - Communicates the mood or style of dances to audiences - Builds rapport with dance partners and ensemble members
Get the work done	1.2, 1.4, 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6, 4.1	- Adopts a methodical, disciplined and positive approach to physical conditioning program, dance classes and evaluation of own skill development - Dances with strong stage presence and confidence - Employs physical control throughout performances

		• Takes steps to minimise risk of injury through appropriate physical conditioning program
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Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN407 Develop expertise in dance performance technique (Release 2)	CUADAN407 Develop expertise in dance performance technique (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN407 Develop expertise in dance performance technique

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Performance Evidence

Evidence of the ability to:

- perform dance sequences on at least two occasions that demonstrate:
 - ability to perform with strong stage presence and confidence
 - well-developed techniques in the chosen dance style
 - spatial awareness in relation to other performers
- respond to constructive feedback on own skills development
- follow safe dance practices
- use terminology associated with chosen dance style correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following principles relate to performing dance sequences:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating

- shifting weight
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
 - healthy nutrition and diet
- explain and demonstrate:
 - key characteristics of relevant dance styles and genres when rehearsing and performing pieces
 - how the musical elements of time signatures, beat, tempo and syncopation apply to dance technique
- describe ways to prepare for auditions and competitions
- in the context of preparing for performances, describe:
 - performance psychology techniques
 - how aspects of stagecraft relate to dancers
- describe the characteristics and history of chosen dance styles.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to appropriate dance performance areas or spaces with suitable flooring.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

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