



Australian Government

CUADAN404 Develop expertise in bodyweather and butoh dance technique

Release: 2

CUADAN404 Develop expertise in bodyweather and butoh dance technique

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to add range and depth to bodyweather and butoh dance technique.

At this level, dancers are constantly refining their technique and expression to produce performances that convey a range of transformative aspects of the body, including complex dance movements. They could be preparing for performances in arthouse and performance settings where they would usually be performing as members of an ensemble, though some solo work could be expected.

While supervision and guidance are provided in practice sessions and rehearsals, dancers are expected to display a high level of motivation and responsibility for themselves and others when it comes to applying dance technique in a live performance context.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts - dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Maintain a physical	1.1 In consultation with relevant personnel, use a balanced range of mind and body, and muscle and bone exercises to prevent

conditioning program	injuries and improve stamina, strength and coordination 1.2 In consultation with relevant personnel use Manipulations 1-7 to improve flexibility, alignment and comprehension of physical structure and mechanics while monitoring change 1.3 Set realistic physical conditioning goals aimed at improving own dance technique 1.4 Identify risk factors that may inhibit the achievement of goals and seek professional advice as required 1.5 Take fatigue and personal limitations into account when undertaking physical conditioning program 1.6 Observe safe dance practice by performing warm-up and warm-down activities in conjunction with dance activities 1.7 Wear appropriate clothing and footwear when undertaking exercise regime and practising dance technique
2. Use practice sessions to increase level of expertise in bodyweather and butoh dance techniques	2.1 Practise a range of techniques and exercises in preparation for bodyweather and butoh dance performances 2.2 Work on generating the mind and body, and muscle and bone engine 2.3 Develop individual and group sensitivity and awareness parallel to spatial responsibility 2.4 Practise Manipulations 1-7 with different partners and alone 2.5 Develop a high level of proficiency in GroundWork exercises 2.6 Work towards achieving precise motor, graphic, sculptural and spatial parameters in performances 2.7 Develop expertise in executing specific image sequences 2.8 Experiment with new movements and routines to create unique form 2.9 Develop control and attention to detail in practice sessions
3. Maintain expertise in bodyweather and butoh dance techniques	3.1 Practise and refine combinations of complex movement parameters 3.2 Maintain and update knowledge of bodyweather and butoh dance history and terminology 3.3 Use feedback from others to identify and develop ways to improve own bodyweather and butoh dance performance skills 3.4 Regularly view performances by industry practitioners as a way of sourcing new ideas, identifying trends, maintaining motivation, and improving own technique

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	1.1, 3.3, 3.4	- Seeks the views and opinions of others to develop own understanding - Observes industry practitioners, sources new ideas and identifies trends, and applies to own techniques
Reading	3.3	Obtains information from written sources about bodyweather and butoh dance history and terminology
Oral communication	1.1, 1.2, 1.4, 3.3	Obtains information by listening and questioning
Navigate the world of work	1.5, 1.6, 3.1, 3.2, 3.3, 3.4	- Follows accepted industry practices in relation to safe dance practices and injury-prevention strategies - Takes responsibility for own professional development
Interact with others	1.1, 1.2, 1.4, 2.3, 2.4, 3.3	- Works collaboratively develop and improve dance techniques - Uses dance movements to convey meaning to spectators
Get the work done	1.4, 1.4, 1.5, 1.6, 2.1, 2.2, 2.3, 2.4, 2.5, 2.6, 2.7, 2.8, 2.9, 3.1	- Adopts a methodical, disciplined and positive approach to physical conditioning program, dance classes and evaluation of own skill development - Works creatively with dance movements parallel to sound, installation and lighting elements - Dances with precision, commitment and presence - Communicates the mood loading to audiences - Improvises short bodyweather and butoh dance environments - Choreographs short dance sequences for self and for others - Observes and interprets physical skills - Applies relevant aspects of the bodyweather

		- and butoh culture and history in performances • Takes steps to minimise risk of injury through appropriate physical conditioning program
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Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN404 Develop expertise in bodyweather and butoh dance technique (Release 2)	CUADAN404 Develop expertise in bodyweather and butoh dance technique (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN404 Develop expertise in bodyweather and butoh dance technique

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Performance Evidence

Evidence of the ability to:

- consistently execute basic mind and body, and muscle and bone, exercises
- demonstrate Manipulations 1-7 with a partner
- perform at least two bodyweather and butoh dance sequences in a way that demonstrates:
 - well-developed bodyweather and butoh dance technique
 - creative response to parameters
 - confident performance skills
 - cooperative performance of group choreography
- respond to constructive feedback on own performance
- follow safe dance practices
- use bodyweather and butoh dance terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain how the following principles relate to physical movements and bodyweather and butoh dance techniques:
 - relationship with gravity
 - spatial awareness
 - successional movement

- use of breath
- folding
- extending
- rotating
- shifting weight
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
 - healthy nutrition and diet
- describe the main principles and historical periods of bodyweather and butoh.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to appropriate dance performance areas or spaces with suitable flooring.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

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