



Australian Government

CUADAN320 Increase depth of social dance techniques

Release: 2

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Modification History

Release	Comments
Release 2	This version first released with CUA Creative Arts and Culture Training Package version 5.1. Version created to correct unit mapping error.
Release 1	This version first released with CUA Creative Arts and Culture Training Package version 5.0.

Application

This unit describes the skills and knowledge required to consolidate basic social dance technique to achieve a greater depth of expression in practice sessions and performances.

The unit applies to those who are pursuing a career in entertainment contexts where social dancing skills are required. These include social gatherings, floor shows, community events, cruise ships, casinos and corporate events. At this level work is normally supervised, though some autonomy and judgement can be expected within established parameters.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Apply physical conditioning program	1.1 Set physical conditioning goals aimed at improving own social dance technique 1.2 Identify techniques for improving stamina, strength and flexibility in consultation with required personnel according to physical conditioning goals 1.3 Identify risk factors that may inhibit achievement of goals and seek advice as required

ELEMENTS	PERFORMANCE CRITERIA
	1.4 Confirm required clothing and footwear are worn for exercise regime and practising dance technique 1.5 Perform warm-up and warm-down activities in conjunction with dance and physical activities according to safe dance practices 1.6 Note and discuss with required personnel fatigue and personal limitations when undertaking physical conditioning program as required
2. Practise performing basic social dance technique	2.1 Develop personal practise plan for executing basic social dance movements 2.2 Perform social dance techniques with increasing expertise according to safe dance practices 2.3 Confirm that characterisation and personality of different dance styles are incorporated into and expressed when performing social dance techniques 2.4 Practise performing social dance techniques with a partner and demonstrate leading and following movements 2.5 Incorporate movement flow, musicality, rhythm and required timing into practice 2.6 Coordinate position and movement between self and other dancers according to requirements of social dance routine
3. Review and develop expertise in social dance technique	3.1 Identify sources and obtain information to update knowledge of social dance history and terminology 3.2 Use feedback from others to identify and develop ways to improve own social dance performance skills 3.3 View performances by industry practitioners and identify new ideas and trends that can be applied to own social dance practice

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Learning	Seeks the views and opinions of others to develop own knowledge
Oral communication	Obtains information by listening and questioning
Initiative and enterprise	Recognises opportunities to develop and apply new approaches to performing a range of social dance styles
Planning and organising	Adopts a methodical and disciplined approach to dance classes and

SKILL	DESCRIPTION
	performances
Self-management	Follows industry accepted safe dance practices
Teamwork	- Discusses dance technique and physical conditioning issues with colleagues and teachers - Builds rapport with dance partner and other dancers

Unit Mapping Information

Supersedes and is equivalent to CUADAN310 Increase depth of social dance technique.
Supersedes and is not equivalent to CUADAN406 Develop expertise in social dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN320 Increase depth of social dance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- perform at least two different social dance pieces.

In the course of the above, the candidate must:

- demonstrate a range of basic social dance techniques
- respond to constructive feedback on own performance
- follow safe dance practices
- demonstrate variety of responses to different music, rhythm and specific dance styles through dance movements
- use social dance terminology when required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- social dance terminology required to demonstrate the performance evidence
- principles relating to physical movements and social dance techniques, including:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending

- rotating
- shifting weight
- principles of safe dance practice and injury prevention, including those relating to:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
- application of musical elements of time signatures, beat, tempo and syncopation to social dance technique
- strategies to respond to feedback and good practice to improve dance techniques
- key points in the history of, and prominent dancers in, selected social dance style.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- dance performance areas or spaces with required flooring for performing social dance
- interaction with others required to demonstrate performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

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