



Australian Government

CUADAN317 Increase depth of cultural dance techniques

Release: 1

CUADAN317 Increase depth of cultural dance techniques

Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to consolidate basic cultural dance technique and achieve a greater depth of expression in dance classes and performances.

The unit applies to those who are dancers and who are pursuing a career in theatre and other contexts where cultural dancing skills are required. Cultural dancing includes styles such as belly dancing, Irish dancing, Highland dancing, Spanish and Indian dancing, as well as character dance sequences in ballets. They could be preparing for performances in commercial and community settings where they would usually be performing as members of an ensemble. At this level work is normally supervised, though some autonomy and judgement can be expected within established parameters.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop and undertake physical conditioning program	1.1 Set physical conditioning goals aimed at improving own cultural dance technique 1.2 Identify variety of techniques for improving stamina, strength and flexibility in consultation with required personnel, according to physical conditioning goals 1.3 Identify risk factors that may inhibit the achievement of goals and seek advice as required 1.4 Identify and obtain suitable clothing and footwear for exercise

ELEMENTS	PERFORMANCE CRITERIA
	regime and practising cultural dance technique 1.5 Perform warm-up and cool-down activities in conjunction with dance and physical activities according to safe dance practices 1.6 Identify and discuss with required personnel fatigue and personal limitations when undertaking physical conditioning program as required
2. Build on basic cultural dance technique	2.1 Develop personal practice plan for executing and building on basic cultural dance movements with greater depth of expression 2.2 Practise simple movement sequences using isolation and coordination of upper and lower body 2.3 Apply a range of techniques that integrate balance, flexibility, stamina, weight transfer and articulation of individual body parts 2.4 Choreograph and perform short simple phrases of dance movements in a learning environment, applying control and attention to detail 2.5 Incorporate into performance a basic awareness of customs relevant to selected dance styles 2.6 Identify and communicate relationship between cultural dance style and accompanying music or other media 2.7 Incorporate musicality, phrasing and required timing as choreographed into performance
3. Review and develop expertise in cultural dance technique	3.1 Identify and access sources that can be used to update knowledge of cultural dance history and terminology 3.2 Use feedback from others to identify and develop strategy for improving own cultural dance techniques and performance skills 3.3 View performances by industry practitioners and identify new ideas and trends, that can be applied to own cultural dance practice

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	Obtains information by listening and questioning
Reading	Obtains information from written sources
Initiative and enterprise	Recognises opportunities to develop and apply new approaches to performing dances from specific cultures

SKILL	DESCRIPTION
Planning and organising	Adopts a methodical and disciplined approach to dance classes and performances
Self-management	- Follows industry accepted safe dance practices - Applies knowledge of cultural protocols to learning and performance activities
Teamwork	- Discusses dance technique and physical conditioning issues with colleagues and teachers - Builds rapport with fellow dancers

Unit Mapping Information

Supersedes and is equivalent to CUADAN307 Increase depth of cultural dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN317 Increase depth of cultural dance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- choreograph and perform at least two cultural dance pieces.

In the course of the above, the candidate must:

- demonstrate basic cultural dance techniques
- follow safe dance practices
- demonstrate correct posture and body alignment required for performing cultural dance techniques and movements
- demonstrate different responses to music and rhythm through dance movements
- use terminology associated with selected cultural dance style when required
- communicate and interact with other dancers as required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- process for undertaking warm-up and cool-down routines
- clothing and equipment required for performing cultural dance techniques
- principles relating to physical movements and cultural dance techniques, including:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating

- shifting weight
- principles relating to safe dance practice and injury prevention:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
- application of musical elements of time signatures, beat, tempo and syncopation to dance technique associated with selected cultural dance style
- requirements of a personal practice plan
- philosophy and key historical periods of selected cultural dance style
- methods for choreographing basic cultural dance routines, including ways of notating cultural dance
- strategies to respond to feedback and good practice to improve dance techniques.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- music and dance performance areas or spaces required to perform cultural dance routines
- interaction with others required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

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