



Australian Government

Assessment Requirements for CUADAN316 Increase depth of ballet dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- perform the following basic ballet dance techniques at least four times each, with increasing expertise and range:
 - barre work
 - port de bras
 - adage
 - pirouettes
 - petite and grand allegro enchaînements.

In the course of the above, the candidate must:

- respond to constructive feedback on own performance
- follow safe dance practices
- demonstrate spatial awareness in dance movements
- use ballet dance terminology when required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- purpose of and process for undertaking warm-up and cool-down routines
 - clothing and equipment required for performing ballet techniques
 - principles that relate to ballet positions and movements, including:
 - relationship with gravity
 - spatial awareness
 - use of breath
 - folding
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- extending
 - rotating
 - shifting weight
 - balance
 - principles of safe dance practice and injury prevention, including those relating to:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
 - posture and alignment
 - musical elements of time signatures, beat, tempo and syncopation, and their application to ballet dance technique
 - key periods and prominent dancers in the history of ballet
 - terminology used when discussing ballet techniques and terms
 - strategies to respond to feedback to improve ballet performance skills.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to dance performance areas or spaces with required flooring for performing ballet.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>
