



Australian Government

CUADAN315 Increase depth of jazz dance techniques

Release: 1

CUADAN315 Increase depth of jazz dance techniques

Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to consolidate basic jazz dance technique and achieve a greater depth of expertise in dance classes and performances.

The unit applies to those who are pursuing a career where jazz dancing skills are required. It applies to those preparing for performances in commercial and community settings where they would usually be performing as members of an ensemble. At this level work is normally supervised, though some autonomy and judgement can be expected within established parameters.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENTS	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Apply physical conditioning program	1.1 Set physical conditioning goals aimed at improving own jazz technique 1.2 Identify techniques for improving stamina, strength and flexibility in consultation with required personnel according to physical conditioning goals 1.3 Identify risk factors that may inhibit achievement of goals and seek advice as required 1.4 Confirm that clothing and footwear are suitable for exercise regime and practising jazz dance technique 1.5 Perform warm-up and cool-down activities in conjunction with

ELEMENTS	PERFORMANCE CRITERIA
	dance and physical activities according to safe dance practices 1.6 Note and discuss with required personnel fatigue and personal limitations when undertaking physical conditioning program as required
2. Build on basic jazz dance technique	2.1 Develop personal practice plan for executing basic jazz movements 2.2 Practise a variety of exercises in preparation for performing jazz dance, according to practice plan 2.3 Practise controlling movement from turns, jumps, kicks and splits 2.4 Perform jazz dance techniques with increasing expertise in a learning environment 2.5 Incorporate musicality, rhythm and required timing into performances 2.6 Coordinate position and movement between self and other dancers
3. Review and develop strategy to improve own technique	3.1 Identify sources that can be used to update knowledge of jazz dance history and terminology 3.2 Use feedback from others to identify and develop strategy for improving own jazz dance and performance skills 3.3 View performances by industry practitioners and identify new ideas and trends that can be applied to own jazz practice

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	Obtains information by listening and questioning
Reading	- Interprets simple combinations of jazz dance steps in written form - Obtains information from written sources about jazz dance history and terminology
Initiative and enterprise	- Generates creative ideas for choreographing simple jazz routines - Recognises opportunities to develop and apply new approaches to choreographing and performing jazz routines
Planning and organising	Adopts a methodical and disciplined approach to dance classes
Self-management	- Follows safe dance practices - Understands own physical limitations and applies to planning and implementation of physical conditioning program

SKILL	DESCRIPTION
Teamwork	• Discusses dance technique and physical conditioning issues with colleagues and teachers • Builds rapport with fellow dancers

Unit Mapping Information

Supersedes and is equivalent to CUADAN305 Increase depth of jazz dance technique.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN315 Increase depth of jazz dance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- choreograph and present at least two jazz dance pieces.

In the course of the above, the candidate must:

- demonstrate the following jazz dance movements:
 - turns
 - jumps
 - kicks
 - splits
- respond to constructive feedback on own performance
- follow safe dance practices
- use jazz dance terminology when required
- demonstrate stage presence and confidence.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- process for undertaking warm-up and cool-down routines
- clothing and equipment required for performing jazz dance techniques
- principles relating to physical movements and jazz dance techniques, including:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding

- extending
- rotating
- shifting weight
- principles of safe dance practice and injury prevention, including:
 - spine articulation
 - foot engagement
 - bases of support, including feet, legs, hands, arms and torso
 - joint range of motion
 - differentiation of legs and pelvis
- musical elements of time signatures, beat, tempo and syncopation, and their application to jazz dance technique
- key aspects of and prominent dancers in the history of jazz dance
- jazz dance terminology
- methods for choreographing basic jazz dance routines, including ways of notating jazz
- requirements of a personal practice plan
- strategies to respond to feedback and good practice to improve dance techniques.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to dance performance areas or spaces with required flooring for performing jazz dance.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

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