



Australian Government

CUADAN301 Integrate rhythm in dance or movement technique

Release: 2

CUADAN301 Integrate rhythm in dance or movement technique

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to integrate rhythm into dance or movement routines. The unit applies to dancers and other performers who would usually be performing as members of an ensemble, though some solo work could be expected. The unit applies equally well to people involved in fitness and wellbeing activities that integrate a range of body movement techniques with music.

At this level work is normally supervised, though some autonomy and judgement can be expected within established parameters.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Analyse the beat and rhythm of music	1.1 Develop listening skills to identify particular styles of composition and sounds 1.2 Discuss with relevant personnel the relationship between dance or movement techniques and musical elements 1.3 Discuss ways of developing own expression skills with

	relevant personnel 1.4 Identify the characteristics of the musical style of pieces of music 1.5 Maintain and update knowledge of terminology in relation to music and movement
2. Prepare the body for movement	2.1 Perform basic warm-up and warm-down activities 2.2 Adhere to injury-prevention techniques 2.3 Take common health issues for performers into account when devising own physical conditioning program
3. Perform integrated music and movement activities	3.1 Ensure appropriate performance preparation 3.2 Integrate artistic expression and basic locomotor body movements into performance pieces 3.3 Improvise dance or body movement sequences relevant to chosen genre of music 3.4 Perform dance or movement sequences safely and with consideration for others 3.5 Apply kinaesthetic awareness to exercises 3.6 Ensure that personal presentation is appropriate to dance or body movement activities 3.7 Demonstrate a positive personal work ethic 3.8 Use feedback from others to identify and develop ways to improve own skills in exploring rhythm in the context of dance or movement technique

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	3.8	Seeks feedback and accepts guidance from others
Oral communication	1.2, 1.3, 1.5	Obtains information by listening and questioning
Navigate the world of work	1.1, 1.3, 1.5, 2.1, 2.2, 3.7	Follows accepted industry practices in relation to safe dance or movement practices, injury-prevention strategies, and work ethics

		- Decodes tactile or kinaesthetic, aural and visual elements of music and movement - Develops an aural and movement memory
Interact with others	1.2, 1.3, 3.4, 3.8	Discusses rhythmic movement concepts and techniques with relevant personnel
Get the work done	1.2, 1.4, 2.1, 2.2, 2.3, 3.1, 3.2, 3.3, 3.4, 3.5, 3.6	- Adopts a methodical, disciplined and positive approach to learning activities, rehearsals and performances - Identifies and applies a range of responses to music and rhythms through physical movement

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN301 Integrate rhythm in dance or movement technique (Release 2)	CUADAN301 Integrate rhythm in dance or movement technique (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN301 Integrate rhythm in dance or movement technique

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Performance Evidence

Evidence of the ability to:

- perform a range of rhythmic movement sequences that demonstrate:
 - kinaesthetic awareness
 - understanding of human movement principles
 - understanding of different styles and genres of music
 - relationship between principles and elements of music and rhythmic body movements in ensemble and solo performances
- apply safe movement practices and injury-prevention techniques at all times
- respond to constructive feedback on own skill development.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- describe the following aspects of participating in dance or movement activities:
 - musical instruments and composition techniques of chosen musical style or genre
 - principles of choreography and safe sequencing of movements
 - musical rhythms
 - music terminology
 - lighting
 - costumes

- make-up
- props
- explain the following principles that relate to physical movements and techniques:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight
- explain how the following apply in the context of safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
 - healthy nutrition and diet.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to relevant instruments or equipment and venues with adequate space, acoustic qualities and safe flooring.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

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