



Australian Government

CUADAN220 Perform basic lyrical dance techniques

Release: 1

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Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to perform basic lyrical dance techniques for small audiences. This involves using knowledge of influences in lyrical dance when performing short dance sequences.

The unit applies to those who have a foundational level of lyrical, jazz or ballet dance technique. They may have experience performing in amateur performances, community events, or attending multiple dance classes. At this level basic lyrical dance techniques are applied under the supervision of experienced dancers and dance teachers.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENT	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop basic lyrical dance techniques	1.1 Create practice plan for developing basic lyrical dance techniques which follows safe dance practices, in consultation with required personnel 1.2 Perform warm up routine according to safe dance practices 1.3 Develop variety of basic lyrical dance techniques under guidance of a supervisor 1.4 Practise centre control and spotting while moving and executing turns 1.5 Identify natural body response to different lyrical styles 1.6 Follow advice and feedback from others during practice sessions

ELEMENT	PERFORMANCE CRITERIA
	1.7 Practise performing choreography in unison with other dancers according to safe dance practices
2. Perform short lyrical dance routines	2.1 Discuss intention and key aspects of routine to be performed with required personnel, incorporating knowledge of influences in lyrical dance 2.2 Apply basic make-up and wear costume for performance as required 2.3 Perform simple routine combining full body and gestural movements according to safe dance practices 2.4 Use props as required according to lyrical sequence requirements 2.5 Follow direction from required personnel during performance 2.6 Observe and follow dictates of music and rhythm 2.7 Synchronise movements with ensemble where required
3. Review performances	3.1 Evaluate own performance and use of basic lyrical dance techniques 3.2 Seek feedback from others on performance and use of lyrical dance techniques 3.3 Use own evaluation and feedback from others to develop strategy for improving lyrical dance techniques

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

SKILL	DESCRIPTION
Oral communication	Obtains information by listening and questioning
Planning and organising	Adopts a methodical and disciplined approach to dance class work, rehearsals and performances
Self-management	Applies knowledge of safe dance practices to class work and performances
Teamwork	- Discusses aspects of exercises, dance techniques and performances with colleagues and teachers - Builds rapport with ensemble members

Unit Mapping Information

No equivalent unit. New unit.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN220 Perform basic lyrical dance techniques

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- perform at least two lyrical dance sequences, at least one of which must an ensemble sequence, and at least one of which must be a solo sequence.

In the course of the above, the candidate must:

- demonstrate fluency in dance movements
- communicate intent of lyrical routines in performances
- follow safe dance practices
- identify natural body response to music, including:
 - movement
 - percussion
 - shifting dynamic qualities
- use lyrical dance terminology when required.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- principles that relate to dance movements and techniques, including:
 - relationship with gravity
 - spatial awareness
 - movement pathways
 - use of breath
 - expanding and contracting
 - shifting weight
- principles of safe dance practice and injury prevention, including:

- spine articulation
- foot engagement
- bases of support, including feet, legs, hands, arms and torso
- joint range of motion
- differentiation of legs and pelvis.
- requirements of a personal practice plan
- strategies to respond to feedback and incorporate good practice to improve dance techniques.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to:

- performance areas or spaces required to perform lyrical dance
- interaction with others required to demonstrate the performance evidence.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

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