



Australian Government

CUADAN212 Incorporate artistic expression into basic dance performances

Release: 1

CUADAN212 Incorporate artistic expression into basic dance performances

Modification History

Release	Comments
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 5.0.

Application

This unit describes the skills and knowledge required to incorporate artistic expression and expressive techniques into basic dance performances under the supervision of experienced dancers and dance teachers.

The unit applies to those who have some practical experience dancing with a partner or as members of a group in any dance style or genre. They usually perform for small audiences.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – Dance

Elements and Performance Criteria

ELEMENT	PERFORMANCE CRITERIA
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Rehearse basic dance techniques	1.1 Confirm dance style, dance and sequences to be performed with required personnel 1.2 Perform warm-up and warm-down exercises before and after dance activities according to safe dance practices 1.3 Apply memory-retention skills when rehearsing dance sequences 1.4 Practise performing dance techniques in rehearsal using knowledge of musicality and phrasing 1.5 Use performance space according to requirements of dance sequences 1.6 Follow direction from required personnel 1.7 Seek feedback from others during rehearsals about ways to improve

ELEMENT	PERFORMANCE CRITERIA
	basic dance techniques
2. Develop expressive techniques	2.1 Test different expressive techniques in practice session, accounting for origin and characteristics of selected dance style 2.2 Develop awareness and knowledge of basic concepts of aesthetics in dance styles being rehearsed 2.3 Use posture and body alignment required for different dance techniques and movements according to safe dance practices 2.4 Demonstrate isolation and coordination of the upper and lower body in basic movement sequences 2.5 Seek feedback from others about ways to improve artistic expression in basic dance performances
3. Perform basic dance sequences	3.1 Combine dance techniques in performance, applying memory retention skills, control and finesse 3.2 Demonstrate concentration and focus during performance 3.3 Use expressive movement dynamics during performance according to requirements of selected dance style and sequence 3.4 Confirm performance is aligned to scale and nature of venue 3.5 Incorporate musicality and phrasing throughout performance 3.6 Apply individual artistic, interpretative and expressive qualities to performance
4. Review performances	4.1 Evaluate own performance and development of basic expressive techniques 4.2 Seek coaching and feedback from others on performance and use of expressive techniques, and note areas for improvement 4.3 Set goals for improving expressive techniques and develop a strategy to achieve them

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential to performance but not explicit in the performance criteria.

SKILL	DESCRIPTION
Oral communication	Obtains information by listening and questioning
Planning and organising	Adopts a methodical and disciplined approach to rehearsals and performances
Self-management	Applies knowledge of safe dance practices to rehearsals and

SKILL	DESCRIPTION
	performances
Teamwork	Discusses aspects of exercises, dance techniques and performances with colleagues and teachers

Unit Mapping Information

Supersedes and is equivalent to CUADAN202 Incorporate artistic expression into basic dance performances.

Links

Companion Volume Implementation Guide is found on VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN212 Incorporate artistic expression into basic dance performances

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Performance Evidence

The candidate must demonstrate the ability to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including evidence of the ability to:

- perform at least two dance sequences.

In the course of the above, the candidate must:

- demonstrate concepts of dance aesthetics
- perform a variety of basic dance techniques and movements demonstrating:
 - balance
 - flexibility
 - coordination
 - weight transfer
 - control and articulation of individual body parts
- identify a range of expressive techniques
- follow safe dance practices.

Knowledge Evidence

The candidate must be able to demonstrate knowledge to complete the tasks outlined in the elements, performance criteria and foundation skills of this unit, including knowledge of:

- basic health and safety procedures that apply in dance rehearsals and performance
- musicality and phrasing required for performing basic dance techniques
- origin and characteristics of selected dance style
- basic concepts of aesthetics in dance styles
- basic expressive dance techniques of selected dance style
- strategies to evaluate performance and respond to coaching to set goals to improve techniques
- key aspects of performance characteristics in the context of performing basic dance techniques, including:

- lighting as it applies to dance productions
- stage settings, production terminology and stage etiquette
- relationship between hair, costumes and make-up in a dance performance
- body and face make-up techniques
- ways to organise and access costuming
- principles relating to dance movements and techniques, including:
 - relationship with gravity
 - spatial awareness
 - successional movement
 - use of breath
 - folding
 - extending
 - rotating
 - shifting weight
- principles relating to safe dance practice and injury prevention, including:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis.

Assessment Conditions

Skills in this unit must be demonstrated in a workplace or simulated environment where the conditions are typical of those in a working environment in this industry.

This includes access to dance performance areas or spaces with required flooring.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

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