



Australian Government

CUADAN205 Perform basic contemporary dance technique

Release: 2

CUADAN205 Perform basic contemporary dance technique

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to review contemporary dance as an art form and to perform basic contemporary dance forms and techniques for small audiences. At this level basic contemporary dance techniques are applied under the supervision of experienced dancers and dance teachers.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Review contemporary dance as an art form	1.1 Demonstrate understanding of movement philosophies and terminology used in contemporary dance 1.2 Determine the history and underlying principles of contemporary dance styles
2. Develop basic contemporary dance performance skills	2.1 Under the guidance of mentors or teachers, develop a range of basic contemporary dance techniques 2.2 Follow safe dance practices at all times to prevent injury to self and others

	2.3 Identify natural body response to a range of contemporary dance styles, including movement and percussion 2.4 Identify ways of incorporating acting techniques into dance routines as a way of expressing emotions and creating characters 2.5 Practise performing choreography in unison with other dancers 2.6 Follow advice from others about ways to improve own dance technique
3. Perform short dance routines	3.1 Discuss the intention and key aspects of routines with relevant personnel 3.2 Apply basic make-up and wear appropriate costumes for performances 3.3 Perform simple routines combining discrete movements in an ensemble or individually 3.4 Use props effectively as required 3.5 Follow direction from relevant personnel 3.6 Observe and follow dictates of music and rhythm 3.7 Synchronise movements with ensemble where required 3.8 Seek feedback from others about ways to improve dance techniques

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	2.1, 2.6	Seeks feedback and accepts guidance from others to improve own technique
Oral communication	2.1, 2.6, 3.1, 3.5	Obtains information by listening and questioning
Navigate the world of work	1.2, 2.2	Develops and applies knowledge of dance styles and safe dance practices to class work and performances
Interact with others	2.1, 2.5, 2.6, 3.1, 3.3, 3.5, 3.7	- Discusses aspects of exercises, dance techniques and performances with colleagues and teachers - Builds rapport with dance partners and

		ensemble members
Get the work done	1.1, 2.2, 2.3, 2.4, 2.5, 3.2, 3.3, 3.4, 3.5, 3.6, 3.7	- Adopts a methodical and disciplined approach to dance class work, rehearsals and performances - Identifies and applies a range of ways of expressing emotion through dance movements

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN205 Perform basic contemporary dance technique (Release 2)	CUADAN205 Perform basic contemporary dance technique (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN205 Perform basic contemporary dance technique

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Performance Evidence

Evidence of the ability to:

- perform contemporary dance exercises and routines
- display fluency of movement
- apply the basic concepts of contemporary dance to own performances
- communicate the intent of contemporary dance routines in performances
- use contemporary dance terminology correctly.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- describe the following aspects of participating in live performances:
 - lighting as it applies to dance productions
 - stage settings, production terminology and stage etiquette
 - relationship between hair, costumes and make-up in a dance performance
 - body and face make-up techniques
 - ways to organise appropriate costuming
- explain the following principles that relate to dance movements and techniques:
 - relationship with gravity
 - spatial awareness
 - successional movement

- use of breath
- folding
- extending
- rotating
- shifting weight
- explain how the following apply to safe dance practice and injury prevention:
 - articulation of the spine
 - engagement of the feet
 - bases of support, including feet, legs, hands, arms and torso
 - range of motion of the joints
 - differentiation of the legs and pelvis
 - healthy nutrition and diet
- describe key periods and prominent dancers in the history of contemporary dance.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to appropriate dance performance areas or spaces.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

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