



Australian Government

CUADAN103 Develop foundation jazz dance technique

Release: 2

CUADAN103 Develop foundation jazz dance technique

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to build a solid foundation in jazz dance technique under the supervision of experienced dancers and dance teachers.

Persons with some dance experience apply the skills and knowledge outlined in this unit. Usually, experience would have been gained in dance classes, amateur performances or community dance activities, often from an early age. However, this unit also applies to individuals with no prior training, but with an aptitude for dance and an interest in developing jazz dance technique.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Develop technical expertise	1.1 Under the guidance of a teacher, perform stretching exercises 1.2 Perform exercises to develop expertise in a range of jazz dance techniques and styles 1.3 Practise using arm lines appropriately

	1.4 Show control in turning balances
2. Practise isolation exercises	2.1 Identify the purpose and application of isolation exercises 2.2 Work within own physical limits and demonstrate safe dance practices 2.3 Perform exercises focusing on different parts of the body in isolation 2.4 Incorporate a sense of timing and rhythm into exercises 2.5 Perform warm-down exercises after dance activity
3. Perform dance progressions	3.1 In consultation with others, agree on progressions that include a range of techniques suitable to own technical ability 3.2 Communicate the mood or style of progressions to audiences 3.3 Maintain correct posture, alignment, control and safe dance practices at all times 3.4 End the dance progression in an appropriate way
4. Review performance	4.1 Evaluate own performance in context of skill development needs 4.2 Use feedback from others to identify and develop ways to improve own dance technique 4.3 Set realistic goals for improvement and develop strategies to achieve them

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	1.1, 4.2	Accepts guidance and feedback from others on ways to improve technique
Oral communication	1.1, 3.1, 4.2	Obtains information by listening and questioning
Navigate the world of work	2.2, 3.3	Applies a knowledge of safe dance practice and own abilities to learning and performance activities
Interact with others	1.1, 2.2, 3.1, 3.2, 4.2	Discusses aspects of exercises and dance techniques with colleagues and teachers

		Uses performance skills to communicate the message of dance sequences
Get the work done	1.2, 1.3, 1.4, 2.1, 2.3, 2.4, 2.5, 3.1, 3.2, 3.3, 3.4	Completes performance activities in line with agreed program

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN103 Develop foundation jazz dance technique (Release 2)	CUADAN103 Develop foundation jazz dance technique (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN103 Develop foundation jazz dance technique

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Performance Evidence

Evidence of the ability to:

- perform technical and isolation exercises
- perform two dance progressions that demonstrate a mastery of foundation jazz dance techniques
- respond to constructive feedback on own performance.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain why the following aspects of safe dance practices are important:
 - warm-up and warm-down activities
 - correct clothing and footwear
 - healthy nutrition and diet
- describe the key features of jazz styles and music tempos associated with them.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to appropriate dance performance areas or spaces.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

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