



Australian Government

CUADAN101 Develop foundation dance techniques

Release: 2

CUADAN101 Develop foundation dance techniques

Modification History

Release	Comments
Release 2	This version released with CUA Creative Arts and Culture Training Package version 2.0. Updated assessment conditions section. Updated modification history section to reflect changed name of training package.
Release 1	This version first released with CUA Creative Arts and Culture Training Package Version 1.0.

Application

This unit describes the performance outcomes, skills and knowledge required to build a solid foundation in any dance style under the supervision of experienced dancers and dance teachers.

Persons with some dance experience apply the skills and knowledge outlined in this unit. Experience would usually have been gained in dance classes, amateur performances or community dance activities, often from an early age. However, this unit also applies to individuals with no prior training, but with an aptitude for dance and an interest in developing technique in one or more dance styles.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Unit Sector

Performing arts – dance

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Identify different dance styles	1.1 Discuss aspects of dance styles with relevant personnel 1.2 Identify and use safe dance practices 1.3 Discuss cultural protocols that need to be observed when performing cultural dance styles

	1.4 Use dance terminology correctly in discussions
2. Practise simple movements	2.1 Under the guidance of a teacher or mentor, perform warm-up exercises 2.2 Practise basic steps associated with selected dance styles, working within own physical limits 2.3 Incorporate musicality, timing and rhythm into exercises 2.4 Perform warm-down exercises after dance activity
3. Perform short dance sequences	3.1 In consultation with others, agree on sequences that include a range of movements suitable to own technical ability 3.2 Match personal presentation to selected dance styles 3.3 Communicate the mood or style of dance sequence to spectators 3.4 Demonstrate a sense of timing and rhythm in performances
4. Review performance	4.1 Evaluate own performance in context of skill development needs 4.2 Use feedback from others to identify and develop ways to improve own dance technique 4.3 Set realistic goals for improvement and develop strategies to achieve them

Foundation Skills

This section describes language, literacy, numeracy and employment skills incorporated in the performance criteria that are required for competent performance.

Skill	Performance Criteria	Description
Learning	2.1, 4.2	Accepts guidance and feedback from others on ways to improve technique
Oral communication	1.1, 1.3, 1.4, 3.1, 4.2	Obtains information by listening and questioning
Navigate the world of work	1.2, 1.3, 3.1	- Applies a knowledge of safe dance practice and cultural protocols to learning and performance activities - Understands own abilities and applies to learning and performance activities

Interact with others	1.1, 1.2, 2.1, 3.1, 3.3, 4.2	- Discusses aspects of exercises and dance techniques with colleagues and teachers - Uses performance skills to communicate the message of dance sequences
Get the work done	2.2, 2.3, 2.4, 3.1, 3.2, 3.3, 3.4	- Completes practice and performance activities in line with agreed program - Uses aspects of personal presentation, such as costume and make-up, effectively in performances

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
CUADAN101 Develop foundation dance techniques (Release 2)	CUADAN101 Develop foundation dance techniques (Release 1)	Updated assessment conditions section. Updated modification history section to reflect changed name of training package.	Equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=1db201d9-4006-4430-839f-382ef6b803d5>

Assessment Requirements for CUADAN101 Develop foundation dance techniques

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Performance Evidence

Evidence of the ability to:

- perform two dance sequences that demonstrate a mastery of foundation dance techniques in selected dance style
- respond to constructive feedback on own performance.

Note: If a specific volume or frequency is not stated, then evidence must be provided for each of the above points at least once.

Knowledge Evidence

To complete the unit requirements the individual must:

- explain why the following aspects of safe dance practices are important:
 - warm-up and warm-down activities
 - correct clothing and footwear
 - healthy nutrition and diet
- describe the cultural context of selected dance styles.

Assessment Conditions

Assessment must be conducted in a safe environment where evidence gathered demonstrates consistent performance of typical activities experienced in creative arts industry environments. The assessment environment must include access to appropriate dance performance areas or spaces.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational educational and training legislation, frameworks and/or standards.

Links

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