



Australian Government

CPCCSF3004 Carry out stressbar post-tensioning

Release: 2

CPCCSF3004 Carry out stressbar post-tensioning

Modification History

- Release 2 Updated reference to general construction induction training program.
- Release 1 This version first released with CPC Construction, Plumbing and Services Training Package Release 5.0.
- Supersedes and is equivalent to CPCCSF3004A Carry out stressbar post-tensioning. Updated to meet the Standards for Training Packages 2012.

Application

This unit specifies the skills and knowledge required to carry out stressbar post-tensioning in accordance with specifications. It includes planning and preparing for the work; placing and inspecting bars, components and ducts; defining the work area; stressing bars; finishing the tensioning; and cleaning up.

It applies to workers carrying out stressbar post-tensioning for a construction project, and who would be expected to take responsibility for organising and completing these tasks with a high degree of self direction.

Completion of the general construction induction training program, specified in the Safe Work Australia model *Code of Practice: Construction Work*, is required by anyone carrying out construction work. Achievement of *CPCWHS1001 Prepare to work safely in the construction industry* meets this requirement.

No licensing, legislative or certification requirements apply to this unit at the time of publication.

Pre-requisite Unit

CPCCWHS2001 Apply WHS requirements, policies and procedures in the construction industry

Unit Sector

Steelfixing

Elements and Performance Criteria

Elements describe the essential outcomes.

Performance criteria describe what needs to be done to demonstrate achievement of the element.

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| 1 Plan and prepare to | 1.1 Interpret work order and associated documentation and |
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| carry out stressbar post-tensioning. | | clarify requirements with relevant persons. |
| | 1.2 | Plan all work to comply with relevant legislation, regulations, standards, codes, work health and safety (WHS), environmental and workplace requirements. |
| | 1.3 | Select tools and equipment required for work tasks, check for serviceability and rectify or report identified faults. |
| | 1.4 | Calculate materials quantities and curing requirements. |
| | 1.5 | Obtain, prepare and safely handle materials for the task, and situate them ready for use. |
| | 1.6 | Erect required safety signage and barricades and fit personal protective equipment (PPE). |
| 2 Place and inspect bar, fit components and seal ducts. | 2.1 | Place bar and fit components in accordance with manufacturer requirements and task specifications. |
| | 2.2 | Inspect bar layout for compliance with task specifications and relevant standards. |
| | 2.3 | Seal ducts in accordance with manufacturer requirements. |
| 3 Define work area for stressbar post-tensioning. | 3.1 | After suitable curing time, define safe working area in accordance with WHS and regulatory requirements. |
| | 3.2 | Erect barricades and signage as required to isolate safe work areas. |
| 4 Stress bars. | 4.1 | Place stressing jack and accessories and carry out stressing in accordance with manufacturer requirements and engineering specifications. |
| | 4.2 | Tighten and lock off nuts during stressing procedure in accordance with normal stressing safety standards. |
| | 4.3 | Measure extensions and record on standard quality assurance forms for approval by engineer. |

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| 5 | Finish tensioning. | 5.1 | Seal anchorages to prevent grout loss. |
| | | 5.2 | Mix cement grout and pump in accordance with specifications and relevant standards. |
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| 6 | Clean up. | 6.1 | Clear work area and dispose of, reuse or recycle materials in accordance with regulatory and workplace requirements. |
| | | 6.2 | Clean, check, maintain and store tools and equipment in accordance with manufacturer and workplace requirements. |

Foundation Skills

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

Supersedes and is equivalent to CPCCSF3004A Carry out stressbar post-tensioning.

Links

Companion volumes to this training package are available at the VETNet website - <https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=7e15fa6a-68b8-4097-b099-030a5569b1ad>

Assessment Requirements for CPCCSF3004 Carry out stressbar post-tensioning

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Performance Evidence

To demonstrate competency in this unit, a candidate must meet the elements and performance criteria by carrying out a full stressbar post-tensioning cycle to specification that includes using:

- two different bar sizes
- a minimum of 30 m in length
- standard tensioning.

Knowledge Evidence

To be competent in this unit, a candidate must demonstrate knowledge of:

- workplace and regulatory requirements for carrying out stressbar post-tensioning under applicable Commonwealth, state or territory work health and safety (WHS) legislation and codes of practice:
 - job safety and environmental analyses (JSEAs)
 - safe work method statements (SWMSs)
 - safety data sheets (SDSs)
 - safety manuals and instructions for tools and equipment
 - signage and barricades
 - personal protective equipment (PPE)
 - working at heights requirements
 - environmental and worksite safety plans
 - reporting problems
- use of stressbar post-tensioning to replace standard reinforcement materials with metal bars and, through tensioning, provide required strength in a reduced thickness of concrete
- interpretation of post-tensioning plans, including position of bars, height of chairs, bar specifications, coupling arrangements for bars and stressing loads

- types, characteristics and limitations of tools and equipment used for carrying out stressbar post-tensioning:
 - angle grinders
 - bar jacks
 - couplers
 - grouting equipment
 - hacksaws
 - hammers
 - hydraulic power packs
 - measuring tapes and rules
 - nips
 - spanners
 - staple guns
 - steelfixing reels
 - specialist material-handling gloves
- requirements for using stressbar post-tensioning tools and equipment:
 - safe operating procedures
 - operational, maintenance and intermediate diagnostic procedures
 - workplace and equipment safety requirements
- requirements for cleaning up work area and tools, for plant and materials storage, and for environmentally friendly waste management.

Assessment Conditions

Assessors must meet the requirements for assessors outlined in the Standards for Registered Training Organisations.

Assessment must be conducted in the workplace or a simulated workplace using realistic conditions, materials, activities, responsibilities, procedures, safety requirements and environmental considerations.

Candidates must have access to:

- industry-standard equipment required to perform the tasks specified in the Performance Evidence
- appropriate workplace information and records, including policies, procedures and legislative requirements.

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