



Australian Government

Department of Education, Employment and Workplace Relations

CHC40508 Certificate IV in Mental Health

Release: 1

CHC40508 Certificate IV in Mental Health

Modification History

Not Applicable

Description

This qualification covers workers who provide a range of community services focusing on:

- Rehabilitation and support for people affected by mental illness and psychiatric disability
- Implementing community based activities focusing on mental health, mental illness and psychiatric disability, and
- Mental health promotion work.

Work may focus on engaging people with mental illness in community participation, prevention of relapse and promotion of recovery through programs such as residential rehabilitation, work in clinical settings, home based outreach and centre-based programs delivered by community based non-government organisations. This work may also involve supported employment and programmed respite care.

This qualification:

- Defines the knowledge and skills required by support workers and case workers who work autonomously under broad guidance
- Refers to specific knowledge of mental health issues and appropriate intervention processes applied in residential and community based settings.

Occupational titles may include:

- Community rehabilitation and support worker
- Mental health rehabilitation support worker
- Community support worker
- Mental health support worker
- Mental health outreach worker

Pathways Information

Not Applicable

Licensing/Regulatory Information

Not Applicable

Entry Requirements

Not Applicable

Employability Skills Summary

Refer to the Topic: Introduction to the Employability Skills Qualification Summaries

Packaging Rules

PACKAGING RULES

15 units are required for award of this qualification including:

- 10 core units
- 5 elective units

A wide range of elective units is available, including:

- Group A electives of which one unit must be selected for this qualification
- Other relevant electives listed below
- Units of competency to address workplace requirements and packaged at the level of this qualification or higher in Community Services and/or Health Training Packages
- Where appropriate, to address workplace requirements, up to 3 units of competency packaged at this level or higher in other relevant Training Packages or accredited courses where the details of those courses are available on the NTIS or other public listing

Core units

CHCAOD402B Work effectively in the alcohol and other drugs sector

CHCCS400B Work within a relevant legal and ethical framework

CHCMH401A Work effectively in mental health settings

CHCMH402A Apply understanding of mental health issues and recovery processes

CHCMH403A Establish and maintain communication and relationships to support the recovery process

CHCMH404A Conduct assessment and planning as part of the recovery process

CHCMH405A Work collaboratively to support recovery process

HLTHIR403C Work effectively with culturally diverse clients and co-workers

HLTHIR404D Work effectively with Aboriginal and/or Torres Strait Islander people

HLTOHS300B Contribute to OHS processes

Group A electives - one unit must be selected for this qualification

One of the following units must be selected for this qualification.

CHCCS514A Recognise and respond to individuals at risk

CHCCS521A Assess and respond to individuals at risk of suicide

The importance of culturally aware and respectful practice

All workers undertaking mental health work need foundation knowledge to inform their work with Aboriginal and/or Torres Strait Islander clients and co-workers and with clients and co-workers from culturally and linguistically diverse backgrounds. This foundation must be provided and assessed as part of a holistic approach to delivery and assessment of this qualification. Specific guidelines for assessment of this aspect of competency are provided in the Assessment Guidelines for the Community Services Training Package.

Other relevant electives

Electives are to be selected in line with specified Packaging Rules. The following grouping of relevant electives is provided to facilitate selection and does not necessarily reflect workplace requirements. Electives may be selected from one or more groups. Employers may specify that certain electives are required to address specific workplace needs.

Alcohol and other drugs work

- CHCAOD408A Assess needs of clients with alcohol and/or other drugs issues
- CHCAOD409D Provide alcohol and/or other drug withdrawal services
- CHCAOD411A Provide interventions for people with alcohol and other drug issues

Addressing complex needs

- CHCAOD510A Work effectively with clients with complex alcohol and/or other drugs issues
- CHCCS401B Facilitate responsible behaviour
- CHCCS416A Assess and provide services for clients with complex needs
- CHCCS504A Provide services to clients with complex needs
- CHCLLN403A Identify clients with language, literacy and numeracy needs and respond effectively
- CHCMH408B Provide interventions to meet the needs of consumers with mental health and AOD issues
- CHCMH411A Work with people with mental health issues
- CHCORG428A Reflect on and improve own professional practice

Work in residential settings

- CHCCS305B Assist clients with medication (Note pre-requisite HLTAP301B)
- CHCCS419B Provide support services to clients
- HLTAP301B Recognise healthy body systems in a health care context
- HLTCS306C Respond effectively to difficult or challenging behaviour

Outreach and home based work

- CHCAD401D Advocate for clients
- CHCCH410A Manage and maintain tenancy agreements and services
- CHCCH427A Work effectively with people experiencing or at risk of homelessness
- CHCCH427A Work effectively with people experiencing or at risk of homelessness
- CHCCH522A Undertake outreach work
- CHCCS403B Provide brief intervention
- CHCDIS301B Work effectively with people with a disability
- CHCDIS410A Facilitate community participation and inclusion
- CHCICS406A Support client self management
- CHCICS407A Support positive lifestyle
- HLTRAH302B Undertake home visits

Group and community based work

- CHCCD402A Develop and provide community education projects
- CHCCD404D Develop and implement community programs
- CHCCD420A Work to empower Aboriginal and/or Torres Strait Islander communities
- CHCCS414A Provide education and support on parenting, health and well being
- CHCCS421A Undertake community sector work within own community
- CHCICS405A Facilitate groups for individual outcomes
- CHCNET404A Facilitate links with other services
- CHCPROM401B Share health information
- CHCPROM502B Implement health promotion and community intervention
- CHCPROM503A Provide community focused promotion and prevention strategies

Working with children, youth and families

CHCCHILD404A Support the rights and safety of children and young people

CHCCS414A Provide education and support on parenting, health and well being

CHCRF402B Provide intervention support to children and families

CHCYTH511B Work effectively with young people and their families

Working with families and carers

CHCCS417A Provide support and care relating to suicide bereavement

CHCCS426A Provide support and care relating to loss and grief

CHCMH409A Facilitate consumer, family and carer participation in the recovery process

Service coordination

CHCCOM403A Use targeted communication skills to build relationships

CHCCS503A Develop, implement and review services and programs to meet client needs

CHCORG406B Supervise work

CHCORG423B Maintain quality service delivery

CHCORG428A Reflect on and improve own professional practice

CHCPOL404A Undertake policy review

First aid

Note: one, two or three first aid units may be required, depending on work role

HLTFA301C Apply first aid

HLTFA302B Provide first aid in remote situation (*Note pre-requisite: HLTFA301C*)

HLTFA402C Apply advanced first aid (*Note pre-requisite: HLTFA301C*)

Administration and organisational support

BSBINM201A Process and maintain workplace information

CHCCH426B Support client participation in the organisation

CHCNET402A Establish and maintain effective networks

CHCORG405D Maintain an effective work environment

Financial literacy education electives

CHCFLE301A Work with clients needing financial literacy education

CHCFLE302A Educate clients in fundamental financial literacy skills

CHCFLE303A Educate clients to understand debt and consumer credit

Settlement work electives

CHCSW401A Work effectively with forced migrants

CHCSW402A Undertake bicultural work with forced migrants in Australia

Oral health

CHCOHC303A Use basic oral health screening tools

CHCOHC401A Inform and encourage clients and groups to understand and achieve
good oral health

CHCOHC402A Support and encourage clients and groups to learn practical aspects of
oral health care

CHCOHC404A Recognise and respond to signs and symptoms that may indicate oral
health issues