



Australian Government

CHCPWK001 Apply peer work practices in the mental health sector

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Minimal changes to the elements and performance criteria. New evidence requirements for assessment, including volume and frequency.

Application

This unit describes the skills and knowledge required for working with the mental health peer workforce in a range of settings where peer work occurs.

This unit applies to peer support work with individuals affected by mental illness in a range of mental health services.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Identify the context of mental health peer work

1.1 Access, review and use contemporary and emergent literature on mental health peer work and practices

1.2 Apply awareness of the historical context of peer work

1.3 Consider changing social, political, cultural and economic context in all peer work

1.4 Define peer work role and structures in a range of mental health services

1.5 Identify a range of mental health consumer and carer

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

networks relevant to peer work

1.6 Apply knowledge of the consumer and carer movements

2. Apply the values and central philosophies of mental health peer work

2.1 Identify own values and how these may influence/impact peer work

2.2 Identify the organisation's peer work philosophies and how this impacts on own approach to peer work

2.3 Apply access and equity principles in peer work

2.4 Communicate with consumers and others in ways that support the values and philosophies of peer work

2.5 Maintain confidentiality of information and explain limits of confidentiality to others

3. Identify and use mental health service options

3.1 Access the range of support services provided by consumer peers and carer peers

3.2 Use information about mental health systems and the range of service options available to support the recovery process

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCPWK001 Apply peer work practices in the mental health sector

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- worked according to the values, ethics and philosophies of mental health peer work using available support services in at least 3 different situations:
- communicated appropriately:
 - used inclusive and person first language
 - used consumer's or carer's preferred language and terminology and their personal meaning and interpretations
 - maintained confidentiality
- communicated with:
 - clinicians
 - consumers
 - carers
 - other service providers

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

- historical, social, political and economic contexts of mental health services and mental health consumer and carer movements, including impacts of mental health systems on consumers and carers
- philosophical, ethical and values based approaches to peer work
- international and national trends and developments in consumer and carer peer work
- history and context of self-directed recovery and recovery principles, facilitation, pathways and practices
- impacts and different types of stigma for consumers and carers including:
 - self-stigma
 - individual stigma
 - community stigma
 - prejudice and discrimination on the recovery journey
- social justice issues, principles and approaches, including working from a rights based framework and awareness of the rights and responsibilities of consumer and carers and peer workers
- different understandings of mental illness and distress/issues
- principles and practices of duty of care as these apply to peer work
- legislation, standards and policies, that relate to mental health services and peer work
- language, meaning and terminology in relation to mental health and peer work, including dignity of risk and first person language

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies, as well as, using suitable facilities, equipment and resources.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

In addition, assessors must be an experienced peer worker with lived experience of mental illness as a consumer or carer (assessment must also involve a qualified assessor where the peer worker is not a qualified assessor).

Links

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