



Australian Government

CHCMHS006 Facilitate the recovery process with the person, family and carers

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence.

Application

This unit describes the skills and knowledge required to work collaboratively with a person with mental illness and/or AOD issues to establish a basis for participation of family and carers in their individual recovery process and to facilitate ongoing participation in line with the person's needs and wishes.

This unit applies to work with people with mental illness and/or AOD issues.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Involve the person, carers and families in planning support during recovery

1.1 Identify benefits and issues related to family and carer participation in recovery processes

1.2 Discuss with the person appropriate involvement of family and carers

1.3 Work with the person to identify and agree on specific roles and responsibilities and accurately record in the person's recovery plan

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1.4 Consult with identified family, carers and other relevant stakeholders in line with the person's consent

1.5 Gauge level of relevant knowledge, skill and involvement of carers and family as a basis for identifying additional support requirements

1.6 Provide information, resources, referrals and education to meet the needs of carers and families within scope of own work role

1.7 Engage with the person, family and carers to plan provision of appropriate support in line with the person's consent

1.8 Establish a relationship with the person, family and carers within boundaries of own work role

1.9 Clarify expectations of carers and family and provide relevant additional information to support and manage realistic expectations

2. Facilitate recovery with appropriate involvement of carers and family

2.1 Involve carers and family in the person's recovery process with consent of the person and in line with recovery plan

2.2 Maintain relationship with carers and family to identify changing carer needs and to identify support needs of carers within boundaries of own work role

2.3 Assist the person to identify ways in which their behaviour may be positively or negatively influenced by others

2.4 Assist the person to identify ways they may positively or negatively affecting family and carers

3. Monitor and review involvement of carers and family

3.1 Monitor carer and family participation in collaboration with the person to ensure ongoing effectiveness and consent of the person

3.2 Monitor any potentially negative influences on the person and bring these to the carer and family's attention

3.3 Take action to maintain well being and safety of self,

ELEMENT

Elements define the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

the person and other stakeholders

3.4 Complete and maintain required documentation

Foundation Skills

The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCMHS006 Facilitate the recovery process with the person, family and carers

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- worked collaboratively to identify, plan, implement and monitor family and carer participation in the recovery processes for at least 3 different people
- used effective communication with both the person, their and family/carers
 - reflective listening and responding
 - development of empathy and rapport
 - recognition of non-verbal triggers
 - negotiation and conflict resolution techniques

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (international, national, state/territory and local) regarding consumer and carer participation in planning and recovery, and how these are applied in organisations and individual practice:
 - codes of practice
 - discrimination
 - dignity of risk
 - duty of care
 - human rights

- informed consent
- mandatory reporting
- practice standards
- privacy, confidentiality and disclosure
- policy frameworks
- records management
- rights and responsibilities of workers, employers and individuals accessing the service
- specific mental health legislation and its impact on individual workers
- work role boundaries – responsibilities and limitations:
 - role of other workers
 - roles of family and carers
- work health and safety
- values and principles of the mental health sector, including:
 - recovery
 - recovery oriented practice
 - health promotion and prevention
 - holistic approach
 - empowerment/disempowerment
 - access and equity
 - early intervention
 - rights
 - social justice and inclusion
 - citizenship
- principles and practices underpinning consumer and carer participation in recovery and service provision
- available consumer and carer services and resources

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies, as well as, using suitable facilities, equipment and resources.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

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<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>