



Australian Government

CHCMHS005 Provide services to people with co-existing mental health and alcohol and other drugs issues

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence.

Application

This unit describes the skills and knowledge required to assess capacity to support people with co-existing mental health and alcohol and other drugs issues and to work collaboratively to provide support and facilitate links to other services.

This unit applies to work with people with co-existing mental health and alcohol and other drugs (AOD) assessments in a range of community services work contexts.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Assess capacity to provide support to a person with co-existing mental health and AOD issues

- 1.1 Recognise and respond to signs indicating that a person may have co-existing mental health and AOD issues
- 1.2 Identify own service provision and possible agency programs or interventions suitable for a person with dual diagnosis
- 1.3 Assess the impact and nature of co-existing conditions on the person, including their social, financial and legal status

ELEMENT

PERFORMANCE CRITERIA

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1.4 Work with the person to understand their readiness, motivation, priorities and goals for recovery in relation to both their mental health and alcohol and other drug issues

1.5 Research or consult with specialist services, as needed, to gather additional specific information about the relevant AOD substances and their interactions or possible impacts on someone with mental health issues

2. Work collaboratively to provide support services to address co-existing issues

2.1 Build an effective working relationship with the person

2.2 Discuss with the person their existing services and supports, and their perspective on collaboration or coordination across services

2.3 Gather and review information on available service options and approaches with the person

2.4 Support person to make informed decisions about approaches, including resources and services

2.5 Develop and document a plan with the person that reflects choices made

2.6 Work collaboratively with the person to facilitate the implementation of appropriate strategies, services and resources

3. Facilitate links to further care

3.1 Identify issues that are outside the scope of the service and/or the scope of the worker

3.2 Collaboratively identify appropriate service and other support options with the person

3.3 Support positive decision making to assist the person to make informed choices about recovery options

3.4 Work collaboratively with the person to determine referral options, and responsibilities and consents required

3.5 Make referrals in consultation with the person and in line with organisation protocols

3.6 Follow up and evaluate referrals to ensure they have

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been effective

4. Collaborate with the person to minimise risk

4.1 Work collaboratively with the person to proactively identify potential risks to safety of person, workers and others

4.2 Prevent risks by identifying triggers, strategies to manage risks and contingency options

4.3 Use evidence based de-escalation techniques, conflict resolution and negotiation skills to manage conflict

4.4 Identify emergency situations and seek immediate assistance

4.5 Comply with laws, relevant ethical guidelines and policy requirements that affect duty of care and dignity of risk

5. Review and report on support provided

5.1 Develop and maintain records of services provided, decisions made and follow up actions in collaboration with the person

5.2 Communicate relevant information to work colleagues and other people working with the person, with the persons consent

5.3 Reflect on own role in providing support and use learning to enhance future practice

5.4 Seek advice, supervision and debriefing from workplace supervisor based on identified needs

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCMHS005 Provide services to people with co-existing mental health and alcohol and other drugs issues

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- worked collaboratively to provide services to at least 3 people with co-existing mental illness and AOD issues

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

- values, philosophies and service delivery models of the AOD and mental health sectors, their similarities and differences, including:
 - holistic and strength based approaches
 - recovery and recovery oriented practice
 - harm minimisation
 - power relations and dynamics, including empowerment/disempowerment, language
 - access, equity, rights based practice and social justice
 - dignity of risk
- legal and ethical considerations (international, national, state/territory and local) for dealing with people with co-existing issues, and how these are applied in organisations and individual practice:
 - codes of practice

- discrimination
- dignity of risk
- duty of care
- human rights
- informed consent
- mandatory reporting
- practice standards
- privacy, confidentiality and disclosure
- policy frameworks
- records management
- rights and responsibilities of workers, employers and individuals accessing the service
- specific mental health/AOD legislation and its impact on individual workers
- work role boundaries – responsibilities and limitations
- children in the workplace
- work health and safety
- safety and risk management considerations and strategies, including:
 - identification
 - prevention
 - minimisation strategies
 - evidence based de-escalation techniques, conflict resolution and negotiation skills
- substances and AOD work, including:
 - common types of illegal and legal substances, including medications, tobacco and caffeine
 - harms, including common impacts of long-term use
 - common signs and symptoms of use, dependency and withdrawal
 - different models of approach, including harm minimisation and abstinence
 - drug tolerance
 - relapse prevention strategies
 - basic knowledge and general understanding of interactions between common types of mental health medications and other substances
- interactions and risk factors between common types of mental health medications and other substances
- evidence-based mental health practice including *National practice standards for the mental health workforce*
- role and use of standard screening tools to identify co-existing mental health/AOD issues
- available services and support strategies appropriate to those with co-existing issues, including those beyond AOD and mental health
- techniques and processes for developing, documenting and implementing a plan of action to address co-existing issues
- models of change and basic principles of motivational interviewing

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. Where simulation is used, it must reflect real working conditions by modelling industry operating conditions and contingencies, as well as, using suitable facilities, equipment and resources.

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

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