



Australian Government

CHCLAH004 Participate in planning leisure and health programs for clients with complex needs

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant change to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Minimum work hours added Significant changes to knowledge evidence.

Application

This unit describes the skills and knowledge required to understand and work with individuals and groups with complex needs when participating in planning for leisure and health service provision.

This unit applies to workers in a range of community services contexts who provide leisure and health services.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Participate in profiling specific client needs

1.1 Determine specific client issues, characteristics and symptoms

1.2 Identify the impact of any issues, characteristics and symptoms on participation in leisure

1.3 Determine a range of strategies and modifications that will enable the client to maximise their participation in leisure and recreation programs

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

2. Promote inclusion and empowerment

2.1 Follow principles of integration in recreational and leisure activities

2.2 Identify the advantages of integration in recreational and leisure activities

2.3 Identify the disadvantages of segregation in recreational and leisure activities

2.4 Identify mechanisms to empower clients with complex needs through recreational and leisure activities

3. Contribute to the plan for addressing the impact of client issues, characteristics and symptoms

3.1 Determine the recreational and leisure needs of clients with complex needs

3.2 Identify the benefits of participation in recreational and leisure activities in relation to meeting identified needs

3.3 Identify barriers to participation in recreational and leisure activities

3.4 Develop strategies for overcoming identified barriers

3.5 Involve stakeholders and significant others in planning to manage barriers to recreational and leisure activities according to client's needs

4. Participate in the development of effective strategies for working with clients with complex needs

4.1 Examine the range of issues facing people with complex needs and the impact these issues have on their lives in relation to leisure and recreation participation

4.2 Demonstrate the use of appropriate language when working with clients with complex needs

4.3 Design strategies that are relevant to cultural and social contexts of the individual and their community

4.4 Adapt activities, programs, the environment and equipment to optimise client involvement in leisure and health programs

4.5 Document strategies for work with clients with complex needs within an individual program plan and

ELEMENT

Elements define the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

activity plan

Foundation Skills

The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCLAH004 Participate in planning leisure and health programs for clients with complex needs

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- participated in planning leisure and health programs to meet the requirements of 3 clients with complex needs (of which 1 must be a person with disability)
- performed the activities outlined in the performance criteria of this unit during a period of at least 120 hours of work

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- a range of complex needs, including causes and symptoms associated with the condition, including:
 - physical
 - emotional
 - cognitive
 - sensory
 - communication

- psychiatric
- disadvantaged groups
- theories of:
 - development and building in the strengths of complex needs clients
 - inclusion and non-discriminatory practices
 - segregation
 - integration
- importance and value of empowerment
- different approaches to program planning and development
- respect for different expectations of client, significant others and support staff
- facilitation methods for a variety of leisure and health activities
- relevant quality improvement and accreditation system principles
- leisure and health programs that promote well being, social justice and equity of clients with complex needs

Assessment Conditions

Skills must have been demonstrated in the workplace with the addition of simulations and scenarios where the full range of contexts and situations have not been provided in the workplace.

The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including individualised plans and equipment or resources outlined in the plan

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/ AQTF mandatory competency requirements for assessors.

Links

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