



Australian Government

CHCLAH002 Contribute to leisure and health programming

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Minimal change to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Minimum work hours added. Significant changes to knowledge evidence.

Application

This unit describes the skills and knowledge required to contribute to the creation, planning, coordination, delivery and evaluation of appropriate leisure and health activities for individuals and groups.

This unit applies to workers in a range of community services and health contexts who provide leisure and health services.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Identify activities to match leisure and health needs of the client or group

1.1 Work with health practitioners and key stakeholders to develop activity plans

1.2 Collect and review relevant information to establish the needs of leisure and health clients, based on the leisure and recreation assessment

1.3 Identify and review a range of possible activities to meet needs

1.4 Select activity focus and type based on client needs, organisation's criteria and resource availability

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1.5 Undertake an activity analysis to match client needs to the characteristics of the activity

1.6 Undertake an assessment of outing requirements, where appropriate

1.7 Undertake risk assessment for activities, programs and outings

2. Assist with the preparation of activity plan

2.1 Undertake appropriate planning of activities within team context to ensure client needs are met

2.2 Incorporate consultation with clients and stakeholders into planning of activities

2.3 Determine operational arrangements for conducting the activity and assess for feasibility

2.4 Develop and document goals and outcomes for each activity

2.5 Include appropriate implementation and evaluation strategies in the activity plan

2.6 Develop plans to include activity modifications required to meet client needs

2.7 Document resource adaptations, where appropriate, according to organisation procedures and protocols

2.8 Ensure planned activities reflect accepted best practice in working with leisure and health clients

2.9 Document the activity plan according to organisation procedures and protocols

3. Identify and obtain required resources

3.1 Devise and implement strategies to obtain and utilise necessary human, financial and physical resources

3.2 Make submissions to potential sources, in accordance with relevant guidelines, where required resources are not readily available

3.3 Evaluate, select and arrange suitable locations for program implementation

3.4 Identify a range of leisure and recreation options and

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experiences suitable to client needs

3.5 Identify components of an activity relevant to the abilities of the client

3.6 Modify and adapt activities to meet client needs, where necessary

3.7 Conduct resource audit

4. Promote activity or program

4.1 Identify potential program users and design and distribute appropriate information to achieve maximum response

4.2 Evaluate effectiveness of promotional activities and make changes as indicated by response

4.3 Develop motivational strategies to maximise client participation

4.4 Evaluate effectiveness of motivational strategies and make amendments as indicated by the response

5. Deliver activity or program

5.1 Implement activities in accordance with program plan, organisation guidelines and legislative requirements

5.2 Provide participants with access to a range of activities suited to their needs and interests

5.3 Develop flexible implementation plans to suit a variety of contexts and to cope with contingencies

5.4 Adapt program to changing needs of participants as required

5.5 Promptly address problems in delivery of activities

5.6 Use effective facilitation techniques in the delivery of activities

5.7 Develop strategies to deal with challenging behaviour

5.8 Implement strategies to deal with challenging behaviour

5.9 Monitor levels of client participation

5.10 Amend activity to facilitate an appropriate level of

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client participation

6. Evaluate activity

6.1 Define criteria to judge program effectiveness in consultation with clients and stakeholders

6.2 Routinely use appropriate evaluation, revision and development strategies during and after the activities

6.3 Collect, organise and report evaluation information in a format that is accessible and meaningful to clients and stakeholders

6.4 Prepare and present reports as required

7. Document the activity or program

7.1 Determine documentation requirements that reflect accepted best practice in working within the leisure and health profession

7.2 Conduct documentation processes according to organisation guidelines and legislative requirements

7.3 Evaluate the effectiveness of documentation

Foundation Skills

The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCLAH002 Contribute to leisure and health programming

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- contributed to the planning, delivery and evaluation of 3 leisure and health activities for a client or group of clients
- documented 4 activity modifications/adaptations that have been investigated
- visited a suitable outing venue for a chosen client or group of clients
- performed the activities outlined in the performance criteria of this unit during a period of at least 120 hours of work

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- at least 15 activity ideas that could be included in a holistic leisure and health program
- current documentation requirements and expectations within the profession
- aspects of holistic health:
 - emotional
 - social
 - physical
 - mental
 - spiritual

- levels of human needs:
 - universal
 - developmental
 - special
- legal and safety requirements as they relate to activities and programs
- risk and outing assessment processes
- relevant funding sources
- provision of support to a diverse range of people and organisations
- cross cultural communication, negotiation and facilitation
- work health and safety (WHS) principles and practices

Assessment Conditions

Skills must have been demonstrated in the workplace with the addition of simulations and scenarios where the full range of contexts and situations have not been provided in the workplace.

The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:
 - individualised plans and equipment or resources outlined in the plan
 - information/documentation relevant to leisure and health activities
 - scenarios that focus on working within an interdisciplinary team with leisure and health responsibilities

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/ AQTF mandatory competency requirements for assessors.

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