



Australian Government

CHCCSL006 Select and use counselling therapies

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 3.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence. Additional assessor requirements. Supersedes CHCCSL506A

Application

This unit describes the skills and knowledge required to select and use different counselling therapies to meet client needs.

This unit applies to individuals whose job role involves working with clients on personal and psychological issues, within established policies, procedures and guidelines.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand Standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Select counselling therapies

1.1 Analyse client needs, issues and desired changes to be addressed

1.2 Incorporate analysis of client's developmental status and response to change

1.3 Identify and consider co-existing issues in selecting courses of action

1.4 Interpret information about counselling therapies and

ELEMENT**PERFORMANCE CRITERIA**

	determine their application, benefits and limitations in addressing client's needs, issues and goals
	1.5 Identify and respond to own level of comfort and issues in relation to using identified counselling techniques
	1.6 Select most appropriate counselling therapies for application in identified situations
	1.7 Communicate details of therapies to be used with client using language the client understands and document in client records
2. Use counselling therapies	2.1 Use techniques according to the principles and application of selected therapies to assist clients
	2.2 Combine techniques and processes from different therapies in an effective way
	2.3 Use counselling skills appropriately in the context of each counselling modality and technique
	2.4 Identify indicators of client issues requiring referral and report or refer according to organisation requirements
3. Evaluate use of counselling therapies	3.1 Evaluate use of techniques and therapies in the context of individual clients
	3.2 Reflect on and review own role as counsellor and identify areas for future improvement
	3.3 Maintain and enhance knowledge of emerging trends in use of counselling therapies

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>