



Australian Government

CHCCCS041 Recognise healthy body systems

Release: 1

CHCCCS041 Recognise healthy body systems

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to work with basic information about healthy body systems and the impacts of ageing and disability. It includes recognising and reporting any changes in healthy bodies involving people who are ageing or living with disability. Any identified issues of concern to be reported to the supervisor or professional health staff.

This unit applies to workers across a range of community services contexts.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Unit Sector

Client Care and Support

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Work with information about the human body.
2. Recognise and promote ways to support healthy functioning of the body.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

- 1.1. Use and interpret health terminology that describes the structure, function and location of major body systems.
- 1.2. Use and interpret information that relates to the interrelationships between major components of body systems and other structures
- 2.1. Review factors that contribute to maintenance of a healthy body.
- 2.2. Evaluate how the relationships between different body systems affect and support healthy functioning.
- 2.3. Use and share information about healthy functioning of the body when carrying out work tasks.
- 2.4. Use information about healthy body systems to recognise changes in the person's health status and physical condition and report to supervisor or health professional, according to

organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance are explicit in the Performance Criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guide are found in VETNet -

<https://vetnet.gov.au/pages/trainingdocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCCCS041 Recognise healthy body systems

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- use information about the human body and its healthy functioning to carry out tasks in three different situations involving people who are ageing or living with disability.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- basic structure, functions and interactions of body systems and associated components:
 - cells, tissues and organs
 - cardiovascular system
 - respiratory system
 - musculoskeletal system
 - endocrine system
 - digestive system
 - urinary system
 - renal system
 - reproductive system
 - integumentary system
 - lymphatic system
 - nervous system, including sensory systems, eye and ear
 - special senses including smell, taste, vision, equilibrium and hearing
 - immune system
- processes, conditions and resources required by the body to support healthy functioning:
 - body regulation:
 - maintenance of body temperature
 - fluid and electrolyte balance including pH
 - elimination of wastes from the body
 - maintenance of blood pressure
 - protection from infection
 - physical activity including active and passive

- impacts of ageing and disability
- health status and physical condition:
 - common diseases that impact on body system functioning
 - indicators of changes
 - impacts of ageing and disability
 - impact on wellbeing
 - how and when to report and to whom
 - scope of job role in recognising and reporting changes in physical, psychological and mental health condition
- indicators of body system issues, impacts of ageing and disability and procedures for how and when to report issues relating to:
 - continence
 - malnutrition
 - dehydration
 - weight regulation
 - oral health
 - appetite regulation
 - dysphagia
 - bowel health issues
 - bone health issues
 - food intolerance
 - skin integrity issues including wounds and pressure point injuries
 - dementia
 - cognitive changes
 - mental health
- strategies to promote and maintain health and wellbeing:
 - nutrition
 - hydration
 - skin integrity
 - movement
 - social interaction
- procedures for working with a multidisciplinary health team to implement individualised plans, including escalating concerns with and changes in a person's status
- relationship between nutrition and hygiene
- impact of poor oral hygiene on nutrition
- impact of poor oral hygiene on quality of life
- recognising signs of oral pain
- exercise and movement:
 - impact of restrictions on daily life
 - impacts of ageing and disability

- common conditions:
 - physical disability
 - cognitive disability
 - intellectual disability
 - psychosocial disability
 - sensory disability
- how to recognise change in the person from their normal to not normal:
 - physical change
 - mood change
- pain and discomfort:
 - responses from people in pain
 - communication methods
 - pain scales
 - impacts of ageing and disability
- basic medical terminology and abbreviations relevant to body systems
- organisational policies and procedures for reporting.

Assessment Conditions

Skills must be demonstrated in the workplace or a simulated environment that reflects workplace conditions.

Assessment must ensure access to:

- facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies
- health information for people who are ageing or living with disability.

Assessment tasks for this unit must be developed in collaboration with a health professional and carried out according to standards and guidelines that apply to the health and community services industries. Further detail may be found in the CHC Training Package Companion Volume.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Links

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