



Australian Government

CHCCCS032 Provide basic foot care

Release: 1

CHCCCS032 Provide basic foot care

Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to determine foot care requirements and prepare and use basic equipment and medicaments for those people not requiring services of a professional podiatrist.

This unit applies to workers who provide care to people according to an established individualised plan in a range of residential and community service contexts. Work may be carried out under direct, indirect or remote supervision.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Unit Sector

Client Care and Support

Elements and Performance Criteria

ELEMENTS

PERFORMANCE CRITERIA

Elements describe the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

- | | |
|---|---|
| 1. Prepare for basic foot skin and nail care. | 1.1. Confirm that prior assessment has identified need for foot care services within scope of own job role.
1.2. Interpret individualised plan to determine requirements for foot care.
1.3. Prepare a safe and comfortable setting.
1.4. Gather and prepare equipment and materials, including personal protective equipment (PPE), following infection control procedures. |
| 2. Complete care routine. | 2.1. Explain foot skin and nail care procedures to the person.
2.2. Assist the person to remove and put on shoes, socks and |

- hosiery where necessary.
- 2.3. Correctly position the person for foot skin and nail care to minimise risk to the person and the worker.
- 2.4. Follow infection control procedures when providing service.
- 2.5. Perform washing, drying, filing and skin care tasks according to the person's needs as outlined in the individualised plan.
- 3. Clean and store equipment and materials.
 - 3.1. Collect, handle and dispose of biological waste material according to organisational policies and procedures.
 - 3.2. Clean and store equipment according to manufacturer guidelines, setting protocols and infection control procedures.
- 4. Document the person's information.
 - 4.1. Record basic foot skin and nail care services provided according to organisational policies and procedures.
 - 4.2. Recognise and document indicators of foot issues requiring professional attention and make referrals to health professionals in a timely manner.

Foundation Skills

Foundation skills essential to performance are explicit in the Performance Criteria of this unit of competency.

Unit Mapping Information

Supersedes and is equivalent to CHCCCS013 Provide basic foot care.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCCCS032 Provide basic foot care

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- provide basic foot care services to at least two people and document information
- during the above services, follow established techniques, infection control guidelines and safety procedures for each of the following:
 - washing and drying of feet
 - nail filing
 - skin care
 - biological waste disposal.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- basic anatomy and physiology of the foot:
 - foot and nail pathology
 - structure and functioning of skin and integuments
 - indicators suggestive of need for podiatry assistance
- ways to minimise risk from manual task risk factors, for both the person and the support worker
- principles of basic foot hygiene
- infection control procedures
- correct use of personal protective equipment (PPE)
- nature of common foot and nail complaints and ways to address them
- function of medicaments:
 - emollients
 - astringents
 - moisturisers
 - antiseptics
- organisational policies and procedures for:
 - disposal of biological waste
 - record keeping

- documentation of issues
- referrals.

Assessment Conditions

Skills must be demonstrated in the workplace or a simulated environment that reflects workplace conditions.

Assessment must ensure access to:

- facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies
- medicaments
- nail files
- foot washing equipment
- personal protective equipment (PPE)
- cleaning, disposal and sterilisation facilities
- infection control policies and procedures
- organisational policies and procedures
- individualised plans
- equipment and resources outlined in individualised plans
- opportunities for engagement with people with minor foot problems for whom candidates can provide foot care, or people who participate in simulations and scenarios that involve provision of foot care for minor foot problems.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

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