



Australian Government

CHCCCS023 Support independence and wellbeing

Release: 2

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Modification History

Release	Comments
Release 2	This version was released in <i>CHC Community Services Training Package release 3.0</i> . Amended modification history and mapping. Equivalent outcome.
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Merged CHCICS303A and CHCICS406B. Significant change to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Minimum work hours added. Significant changes to knowledge evidence.

Application

This unit describes the skills and knowledge required to provide individualised services in ways that support independence, as well as, physical and emotional wellbeing.

This unit applies to workers in a range of community services contexts who provide frontline support services within the context of an established individualised plan.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Recognise and support individual differences

1.1 Recognise and respect the person's social, cultural and spiritual differences

1.2 Avoid imposing own values and attitudes on others and support the person to express their own identity and preferences

1.3 Consider the person's individual needs, stage of life, development and strengths when engaging in support

ELEMENT**PERFORMANCE CRITERIA**

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activities

1.4 Recognise, respect and accommodate the person's expressions of identity and sexuality as appropriate in the context of their age or stage of life

1.5 Promote and facilitate opportunities for participation in activities that reflect the person's individual physical, social, cultural and spiritual needs

2. Promote independence

2.1 Support the person to identify and acknowledge their own strengths and self-care capacity

2.2 Assist the person to identify opportunities to utilise their strengths, while communicating the importance of using available support when required

2.3 Provide information and assistance to the person in order to facilitate access to support services and resources when needed

2.4 Provide support that allows the person to self manage their own service delivery as appropriate

2.5 Encourage the person to build, strengthen and maintain independence

3. Support physical wellbeing

3.1 Promote and encourage daily living habits that contribute to healthy lifestyle

3.2 Support and assist the person to maintain a safe and healthy environment

3.3 Identify hazards and report according to organisation procedures

3.4 Identify variations in a person's physical condition and report according to organisation procedures

3.5 Recognise indications that the person's physical situation is affecting their wellbeing and report according to organisation procedures

3.6 Identify physical health situations beyond scope of own role and report to relevant person

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

4. Support social, emotional and psychological wellbeing

4.1 Promote self-esteem and confidence through use of positive and supportive communication

4.2 Contribute to the person's sense of security through use of safe and predictable routines

4.3 Encourage and facilitate participation in social, cultural, spiritual activities, using existing and potential new networks and as per the person's preferences

4.4 Identify aspects of supporting a person's wellbeing outside scope of knowledge, skills and/or job role and seek appropriate support

4.5 Identify variations to a person's wellbeing and report according to organisation procedures

4.6 Identify any cultural or financial issues impacting on the person's wellbeing

4.7 Identify the person's risk and protective factors in relation to mental health

4.8 Recognise and report possible indicators of abuse or neglect and report according to organisation procedures

4.9 Identify situations beyond scope of own role and report to relevant person

Foundation Skills

The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>