



Australian Government

CHCCCS014 Provide brief interventions

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant change to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence.

Application

This unit describes the skills and knowledge required to assess intervention needs, and then to implement and monitor brief intervention strategies for people at various stages of the change process.

This unit applies to workers in a range of community services contexts.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Assess the person's needs

1.1 Discuss and determine issues of concern and the person's stage in the decision to change

1.2 Identify resources required to support the brief intervention

1.3 Identify and plan appropriate brief intervention strategies to match the person's needs

2. Use brief intervention strategies

2.1 Raise awareness of the health issue with a person who is not contemplating change

2.2 Conduct brief motivational interview with a person

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

who is contemplating change and match approach to stage of change

2.3 Support the person who expresses motivation to change in exploring choices, setting goals and identifying relapse prevention strategies

2.4 Take opportunities to support and encourage a person who has made a change

2.5 Identify current needs and sources of assistance, and give support as appropriate for a person who has lapsed or relapsed into prior behaviour

3. Monitor brief intervention activities

3.1 Keep notes in the person's file in accordance with organisation policies and procedures, recording the person's stage of decision-making on each occasion

3.2 Maintain confidentiality and security of information

3.3 Regularly review the person's progress or outcomes, adjust approaches or make referrals according to their needs

3.4 Discuss outcomes with the person in an appropriate manner

Foundation Skills

The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

