



Australian Government

CHCCCS014 Provide brief interventions

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant change to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements. Significant changes to knowledge evidence.

Application

This unit describes the skills and knowledge required to assess intervention needs, and then to implement and monitor brief intervention strategies for people at various stages of the change process.

This unit applies to workers in a range of community services contexts.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Assess the person's needs

1.1 Discuss and determine issues of concern and the person's stage in the decision to change

1.2 Identify resources required to support the brief intervention

1.3 Identify and plan appropriate brief intervention strategies to match the person's needs

2. Use brief intervention strategies

2.1 Raise awareness of the health issue with a person who is not contemplating change

2.2 Conduct brief motivational interview with a person

ELEMENT**PERFORMANCE CRITERIA**

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

who is contemplating change and match approach to stage of change

2.3 Support the person who expresses motivation to change in exploring choices, setting goals and identifying relapse prevention strategies

2.4 Take opportunities to support and encourage a person who has made a change

2.5 Identify current needs and sources of assistance, and give support as appropriate for a person who has lapsed or relapsed into prior behaviour

3. Monitor brief intervention activities

3.1 Keep notes in the person's file in accordance with organisation policies and procedures, recording the person's stage of decision-making on each occasion

3.2 Maintain confidentiality and security of information

3.3 Regularly review the person's progress or outcomes, adjust approaches or make referrals according to their needs

3.4 Discuss outcomes with the person in an appropriate manner

Foundation Skills

The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCCCS014 Provide brief interventions

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- undertaken the brief intervention process for at least 2 people presenting with different issues at different stages of the change process
- used each of the following at least once to support the intervention process:
 - active listening
 - non-judgmental language
 - supportive approach
 - facilitation and negotiation that assists the person's decision-making

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- brief intervention scope and process:
 - features of brief interventions:
 - one-to-one approach, private
 - takes short period of time
 - may be done by a health team member
 - client led process
 - opportunistic

- role as public health strategy
- reasons for using brief interventions:
 - to raise awareness
 - to share knowledge
 - to help the person to think about making changes to improve health
- step by step process
- record-keeping requirements
- stages of behaviour change model:
 - elements of pre-contemplation
 - contemplation
 - action
 - maintenance
- options and approaches to support behaviour change:
 - raising awareness
 - sharing information and resources
 - exploring concerns and strategies
 - helping the person express their feelings, make decisions and set goals
 - highlighting benefits of change
 - giving positive feedback and encouragement
 - offering time and support
 - referring to other sources of assistance
- health and well-being considerations:
 - environmental health
 - nutrition
 - alcohol
 - other drugs
- broader contexts for the person's current behaviour:
 - cultural
 - family context
 - community context
- barriers and challenges for positive intervention outcomes and how to address these
- legal and ethical considerations for interventions, including:
 - privacy, confidentiality and disclosure
 - codes of practice

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must be met for this unit:

- use of suitable facilities, equipment and resources, including:

- the person's information on which to design intervention
- organisation policies and procedures for interventions
- modelling typical workplace conditions, including interactions with people with a range of needs

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

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