



Australian Government

CHCCCS013 Provide basic foot care

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Minimal change to the elements and performance criteria. New evidence requirements for assessment including volume and frequency requirements.

Application

This unit describes the skills and knowledge required to determine foot care requirements, and prepare and use basic equipment and medicaments for those people not requiring services of a professional podiatrist.

This unit applies to workers who provide care to older people and follow an established individualised plan in a range of residential and community service contexts.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element.

1. Prepare for basic foot skin and nail care

- 1.1 Confirm that prior assessment has identified need for foot care services appropriate to own role
- 1.2 Determine requirements for foot care according to individualised plan
- 1.3 Provide a safe and comfortable setting
- 1.4 Gather and prepare equipment and materials, following infection control guidelines

2. Complete care routine

2.1 Explain foot skin and nail care procedures to the

ELEMENT**PERFORMANCE CRITERIA**

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person

2.2 Assist the person to remove and put on shoes, socks and hosiery, where necessary

2.3 Correctly position the person for foot skin and nail care to minimise risk to the person and the worker

2.4 Follow infection control procedures

2.5 Perform washing, drying, filing and skin care tasks according to individualised plan

3. Clean and store equipment and materials

3.1 Collect, handle and dispose of biological waste material in a safe and sustainable way

3.2 Clean and store equipment according to manufacturer's guidelines, setting protocols and infection control requirements

4. Document the person's information

4.1 Record basic foot, skin and nail care according to organisation requirements

4.2 Identify and document indicators of foot issues requiring professional attention and make appropriate referral in a timely manner

Foundation Skills

The Foundation Skills describe those required skills (such as language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCCCS013 Provide basic foot care

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- provided basic foot care services to at least 2 people
- followed established techniques, infection control guidelines and safety procedures for each of the following:
 - washing and drying of feet
 - nail filing
 - skin care
 - biological waste disposal

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the work role. This includes knowledge of:

- basic anatomy and physiology of the foot:
 - foot and nail pathology
 - structure and functioning of skin and integuments
 - indicators suggestive of need for podiatry assistance
- ways to minimise risk from manual task risk factors, for both the individual and the worker
- principles of basic foot hygiene and infection control
- nature of common foot and nail complaints and ways to address them

- function of medicaments, including:
 - emollients
 - astringents
 - moisturisers
 - antiseptics
- personal care record-keeping requirements:
 - types of documentation
 - information required

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must have been met for this unit:

- use of suitable facilities, equipment and resources, including:
 - medicaments
 - nail files
 - foot washing equipment
 - personal protective equipment
 - individualised plans
 - infection control procedures
 - cleaning, disposal and sterilisation facilities
- modelling of industry operating conditions and contingencies, including:
 - real people simulating minor foot problems for whom candidates can provide foot care
 - stringent infection control procedures

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

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