



Australian Government

CHCAOD009 Develop and review individual alcohol and other drugs treatment plans

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence.

Application

This unit describes the skills and knowledge required to work collaboratively with clients to establish treatment goals, and to develop and evaluate individual treatment plans to meet those goals.

This unit applies to workers who develop treatment plans with, and for, clients with alcohol and other drugs (AOD) issues on the basis of an existing assessment and within established organisation guidelines. Depending on the context, development of the plan may be autonomous or collaborative. Workers may or may not be the person conducting the assessment.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element

1. Consider the type of treatment and services to be provided

1.1 Interpret presenting issues and requirements from client assessment

1.2 Work with client to identify interaction and relationship between different presenting issues in the context of their health and demographic profile

1.3 Identify the need for potential referral, and

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collaboration with other services

1.4 Identify and respond to the need to consult with other professionals or specialists as required

1.5 Explain the purpose of the planning process and developing the treatment plan, and the roles of different people

1.6 Discuss with client their readiness for development of a treatment plan

2. Determine treatment goals and strategies

2.1 Discuss desired outcomes, priorities and long term goals with the client

2.2 Identify any barriers and/or cultural factors that may impact on reaching goals

2.3 Provide information about different service and support options suited to the client's needs

2.4 Assist client to evaluate and select strategies to achieve their goals

2.5 Determine preferred actions and prioritise

2.6 Confirm client capacity to meet the logistical demands of selected strategies

2.7 Establish timelines for identified goals with consideration of overlaps between different services and support

2.8 Agree on type and frequency of interactions

2.9 Work with the client to identify others in the client and family support network to be involved in the treatment plan, and their roles

2.10 Record goals and selected strategies in the individual treatment plan according to organisation protocols

3. Review client progress

3.1 Regularly review client's progress against negotiated goals and action plans

3.2 Monitor, record and report client progress in

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Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element

accordance with organisation guidelines

3.3 Negotiate revised action plans and timelines and record in the treatment plan as needed

3.4 Accurately record revisions in the individual treatment plan according to organisation protocols

3.5 Negotiate exit from the program with the client and provide support in accordance with organisation policies and available resources

3.6 Review outcomes of interventions with supervisor and/or colleagues

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCAOD009 Develop and review individual alcohol and other drugs treatment plans

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be demonstrated evidence that the candidate has:

- developed a treatment plan based on existing assessments and within organisation guidelines for 2 people requiring different types of interventions and service supports

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (international, national, state/territory, local) in AOD work, and how these are applied in organisations and individual practice:
 - children in the workplace
 - codes of conduct
 - codes of practice
 - discrimination
 - dignity of risk
 - duty of care
 - human rights
 - informed consent
 - mandatory reporting
 - practice standards

- privacy, confidentiality and disclosure, including limitations
- policy frameworks
- records management
- rights and responsibilities of workers, employers and clients
- specific AOD legislation
- work role boundaries – responsibilities and limitations
- work health and safety
- different approaches and models of service planning and case management
- principles of:
 - person centred approach
 - effective communication and negotiation techniques
- organisation policies, procedures and guidelines for individual treatment plans
- types of issues beyond the scope of AOD services where referral or inter-agency collaboration may be required
- role of family members and others in the client support network in relation to successful treatment planning, implementation and review
- types of information and terminology found in client assessments and how to interpret these
- what constitutes effective treatment goals for AOD issues
- AOD service delivery models including:
 - inpatient
 - outpatient
 - residential
 - home based
 - outreach
 - technology delivered
- brief and longer term treatments and interventions available, when and how they are used
- processes for the matching of treatment goals to different interventions and strategies aimed at abstinence and controlled AOD use
- ways of using stages of change to identify appropriate treatment goals, strategies and referral options
- barriers and cultural factors that may impact on a person with AOD issues achieving treatment goals and ways to address this
- how and where to access specialist AOD information
- factors affecting support work with people from specific groups:
 - men
 - women
 - young people
 - elders
 - Aboriginal and/or Torres Strait Islander
 - culturally and linguistically diverse (CALD)

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must have been met for this unit:

- use of suitable facilities, equipment and resources, including:
 - client assessments
 - organisation policies and procedures
- modelling of industry operating conditions, including involvement of people with whom the candidate can interact

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

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