



Australian Government

CHCAOD008 Provide advanced interventions to meet the needs of clients with alcohol and other drugs issues

Release: 1

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Modification History

Release	Comments
Release 1	This version was released in <i>CHC Community Services Training Package release 2.0</i> and meets the requirements of the 2012 Standards for Training Packages. Significant changes to elements and performance criteria. New evidence requirements for assessment, including volume and frequency requirements. Significant change to knowledge evidence.

Application

This unit describes the skills and knowledge required to design, implement and monitor ongoing therapeutic interventions drawing on evidence informed models and techniques. It involves holistic consideration of all client needs, and collaboration with other services.

This unit applies to individuals who work with significant autonomy in the provision of interventions and support to clients with alcohol and other drugs (AOD) issues. While work is carried out in the context of an existing treatment plan, the worker may also design and adapt specific strategies.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian/New Zealand standards and industry codes of practice.

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element

1. Design intervention and support strategies

1.1 Evaluate information from client assessment and treatment plan

1.2 Determine the immediate and proximate needs and goals of the client

1.3 Review the scope of client needs and client interactions with other support services

1.4 Identify therapeutic models and techniques with

ELEMENT

PERFORMANCE CRITERIA

Elements define the essential outcomes

Performance criteria describe the performance needed to demonstrate achievement of the element

potential to meet desired outcomes

1.5 Analyse and select specific options and strategies that best meet client needs

1.6 Integrate techniques and strategies to maximise potential outcomes for client

2. Implement intervention and support strategies

2.1 Establish professional relationship within appropriate worker/client boundaries

2.2 Use counselling and other intervention techniques and strategies as planned

2.3 Recognise and respond to difficult or challenging situations

2.4 Adapt and refine approaches based on client interactions and own observations

2.5 Maintain engagement with reticent or reluctant clients

2.6 Include exploration of issues beyond the immediate scope of the intervention that may impact on progress

2.7 Document client interventions according to organisation policy

3. Make holistic evaluation of client progress

3.1 Monitor and review client progress against planned goals

3.2 Adjust intervention and support strategies based on outcomes of review

3.3 Evaluate personal and agency ability to deliver services that address all client needs

3.4 Determine client's physical, social, emotional and other needs that cannot be met in agency service

4. Collaborate with others

4.1 Identify other options and services able to assist client needs

4.2 Consult with other services about potential to provide services to clients and for shared care work

ELEMENT

Elements define the essential outcomes

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element

4.3 Make referrals to other services according to organisation protocols

4.4 Work collaboratively with significant others, co-workers and other services to support client needs

Foundation Skills

The Foundation Skills describe those required skills (language, literacy, numeracy and employment skills) that are essential to performance.

Foundation skills essential to performance are explicit in the performance criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCAOD008 Provide advanced interventions to meet the needs of clients with alcohol and other drugs issues

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Performance Evidence

The candidate must show evidence of the ability to complete tasks outlined in elements and performance criteria of this unit, manage tasks and manage contingencies in the context of the job role. There must be evidence that the candidate has:

- autonomously planned and provided intervention and support strategies to 2 different clients with AOD issues:
 - used at least 2 of the following approaches/models:
 - cognitive behavioural therapy or mindful integrated cognitive behavioural therapy (MiCBT)
 - rational emotive therapy
 - reality therapy
 - dialectical behaviour therapy
 - acceptance and commitment therapy
 - solution focussed therapy
 - narrative therapy
 - resilience based interventions
 - family counselling
 - group work and group counselling

Knowledge Evidence

The candidate must be able to demonstrate essential knowledge required to effectively do the task outlined in elements and performance criteria of this unit, manage the task and manage contingencies in the context of the work role. This includes knowledge of:

- legal and ethical considerations (international, national, state/territory, local) in AOD work, and how these are applied in organisations and individual practice:
 - children in the workplace
 - codes of conduct
 - codes of practice
 - discrimination
 - dignity of risk
 - duty of care
 - human rights
 - informed consent
 - mandatory reporting
 - practice standards
 - privacy, confidentiality and disclosure, including limitations
 - policy frameworks
 - records management
 - rights and responsibilities of workers, employers and clients
 - specific AOD legislation
 - work role boundaries – responsibilities and limitations
 - work health and safety
- counselling and other therapeutic models and techniques appropriate to client AOD issues and scope of role, including when and how these may be used:
 - cognitive behavioural therapy
 - mindful integrated cognitive behavioural therapy (MiCBT)
 - rational emotive therapy
 - reality therapy
 - dialectical behaviour therapy
 - acceptance and commitment therapy
 - solution focussed therapy
 - narrative therapy
 - resilience based interventions
 - family counselling
 - group work and group counselling
- ways that different models and techniques may be integrated and when this may be appropriate
- techniques for teaching clients self-management skills and self-report measures
- factors affecting support work with people from specific groups:

- men
- women
- young people
- elders
- Aboriginal and/or Torres Strait Islander
- culturally and linguistically diverse (CALD)
- techniques for dealing with difficult communication situations, including:
 - managing emotions
 - defusing anger
 - clarifying the issues
 - maintaining composure and professional attitude
 - providing support
 - seeking assistance
- measures for monitoring client outcomes

Assessment Conditions

Skills must have been demonstrated in the workplace or in a simulated environment that reflects workplace conditions. The following conditions must have been met for this unit:

- use of suitable facilities, equipment and resources, including:
 - client assessments
 - client treatment plans
 - organisation policies and procedures
- modelling of industry operating conditions, including:
 - involvement of people with whom the candidate can interact
 - scenarios that cater to a range of settings, including crisis situations

Assessors must satisfy the Standards for Registered Training Organisations (RTOs) 2015/AQTF mandatory competency requirements for assessors.

Links

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