



Australian Government

CHCAGE013 Work effectively in aged care

Release: 1

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Modification History

Not applicable.

Application

This unit describes the performance outcomes, skills and knowledge required to work effectively in an aged care work context. The unit covers meeting job requirements, complying with organisational requirements and working in an aged care sector context.

This unit applies to individuals who work with older people in a range of community services and health contexts. Work performed requires some discretion and judgement and is carried out under regular direct, indirect or remote supervision.

The skills in this unit must be applied in accordance with Commonwealth and State/Territory legislation, Australian standards and industry codes of practice.

No occupational licensing, certification or specific legislative requirements apply to this unit at the time of publication.

Pre-requisite Unit

Nil

Unit Sector

Aged care

Elements and Performance Criteria

ELEMENTS

Elements describe the essential outcomes

1. Meet job role requirements.

2. Work within organisational requirements.

PERFORMANCE CRITERIA

Performance criteria describe the performance needed to demonstrate achievement of the element.

1.1. Identify own job role requirements from reading position description.

1.2. Discuss own job role requirements with supervisor to clarify and confirm job role scope and expectations.

1.3. Recognise and refer work tasks outside own job role scope to appropriate person according to organisational reporting policies and procedures.

2.1. Comply with professional conduct requirements.

2.2. Comply with legal and human rights framework requirements relevant to aged care work.

- 2.3. Communicate and cooperate with interdisciplinary team members.
 - 2.4. Use digital technology to access and share workplace information.
- 3. Work within an aged care context.
 - 3.1. Read individualised plans to identify tasks.
 - 3.2. Use person-centred communication techniques when carrying out work tasks.
 - 3.3. Seek consent from the person, their family, carer or others identified by the person before commencing care activities.
 - 3.4. Recognise signs of abuse and report according to organisational policies and procedures.
 - 3.5. Record, maintain and store workplace information according to organisational record keeping procedures, and privacy and confidentiality requirements.
- 4. Implement self-care strategies.
 - 4.1. Monitor own stress level when working with people receiving care.
 - 4.2. Use self-care strategies and seek support if required according to organisational policies and procedures.

Foundation Skills

Foundation skills essential to performance are explicit in the Performance Criteria of this unit of competency.

Unit Mapping Information

No equivalent unit.

Links

Companion Volume implementation guide are found in VETNet -

<https://vetnet.gov.au/pages/trainingdocs.aspx?q=5e0c25cc-3d9d-4b43-80d3-bd22cc4f1e53>

Assessment Requirements for CHCAGE013 Work effectively in aged care

Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- undertake work providing care to at least one person in an aged care work context that involves each of the following on at least one occasion:
 - person-centred communication
 - identifying tasks from individualised plan
 - recognising scope of own job role and referrals
 - complying with professional conduct requirements
 - recognising and reporting signs of abuse
 - seeking consent for care activities
 - working with inter-disciplinary team members
 - engaging with people and organisation using technology
 - completing workplace reports and checklists
 - maintenance and storage of workplace information
 - meeting privacy and confidentiality requirements.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- support practices:
 - person-centred approaches including upholding autonomy, supporting the person to exercise choice and the person's right to self-determination
 - duty of care
 - dignity of risk
 - risk areas for abuse and systemic issues
 - types of abuse
 - delegation and supervision requirements by health professionals including nurses
- legal and human rights frameworks:
 - role of safeguarding bodies
 - role of national and State/Territory legislation
 - role of Office of the Health Ombudsman

- mandatory reporting
- privacy and confidentiality of information
- concepts of consent:
 - informed
 - un-informed
- industry standards and industry standards body relevant to aged care services
- attitudes and stereotypes:
 - paternalism
 - ageism
 - stigma
 - common misconceptions
 - dangers of values judgements regarding perceived quality of life
- key philosophies and concepts:
 - person-centred approaches
 - contemporary view of aged care
 - difference between care and support
 - empowerment of the person receiving care
 - social role valorisation
 - risks associated with segregating and congregating older people
- industry context:
 - job roles in the aged care sector and scope of practice
 - reporting lines and delegations including working under supervision
 - roles of interdisciplinary team members
 - key organisations within the sector
 - funding and accreditation systems
 - cultural diversity, the cultural competency requirement of the role and respect for differences
- key issues facing aged care and community support in Australia
- psychosocial disability:
 - impact on the person's life
 - differences between psychosocial disability and mental health
 - episodic nature and additional or alternate supports that may be required during different periods
 - ways in which psychosocial disability interacts with other disabilities
- individualised plans including purpose and key contents
- current terminology used in aged care
- risk assessment framework in terms of:
 - personal care worker role
 - working in a person's home
 - assisting a person to engage outside of their regular setting

- planning an activity
- medication safety
- restrictive practices:
 - types of restrictive practices
 - parameters for use.

Assessment Conditions

Skills must be demonstrated in the workplace or a simulated environment that reflects workplace conditions in the aged care sector.

Assessment must ensure access to:

- facilities, equipment and resources that reflect real working conditions and model industry operating conditions and contingencies.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Links

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