



Australian Government

Assessment Requirements for AHCSHG218 Maintain own health to promote personal wellbeing in the wool harvesting industry

Release: 1

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Modification History

Release	Comments
Release 1	This version released with AHC Agriculture, Horticulture and Conservation and Land Management Training Package Release 11.0.

Performance Evidence

An individual demonstrating competency must satisfy all of the elements and performance criteria in this unit.

There must be evidence that the individual has:

- identified one common warning sign of substance misuse and one common warning sign of problem gambling, in a workplace setting
- identified two common substance misuses and two problem gambling adverse impacts in a workplace
- selected three personal health goals to fulfill wool harvesting duties.

Knowledge Evidence

An individual must be able to demonstrate the knowledge required to perform the tasks outlined in the elements and performance criteria of this unit. This includes knowledge of:

- commonly used substances in the community, including:
 - alcohol
 - illegal drugs
 - over-the-counter and prescription drugs
 - tobacco, vapes
 - caffeine
- personal and workplace factors contributing to harmful substance misuse
- adverse impacts of substance misuse on the workplace
- problem gambling behaviours and common types of gambling in the community
- health requirements appropriate to the workplace to support wellbeing, including:
 - good hydration, nutrition and rest periods
 - mental and emotional needs
- reasons for maintaining health to support wellbeing, including:
 - maintaining a positive attitude

- conducting work activity in a safe manner
- preventing physical and mental exhaustion
- work-life balance
- financial needs
- wool harvesting workplace duties, including:
 - crutching sheep
 - shearing sheep
 - wool handling
- animal welfare principles and practices, relevant to wool harvesting duties
- reliable resources and support services available to address harmful substance misuse and problem gambling, including:
 - within the organisation
 - external community, medical and emergency support.

Assessment Conditions

Assessment of the skills in this unit of competency must take place under the following conditions:

- physical conditions:
 - skills must be demonstrated in a workplace setting or an environment that accurately represents workplace conditions
- resources, equipment and materials:
 - information about job and workplace duties
 - reliable information on substance misuse and problem gambling
- relationships:
 - team members.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

Companion Volumes, including Implementation Guides, are available at VETNet: -
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=c6399549-9c62-4a5e-bf1a-524b2322cf72>