



Australian Government

ACMEQU220 Lunge educated horses

Release: 1

ACMEQU220 Lunge educated horses

Modification History

Release	Comments
Release 1	This version released with ACM Animal Care and Management Training Package Version 5.0.

Application

This unit of competency describes the skills and knowledge required to perform basic ground exercising techniques involving lungeing a calm and suitably educated horse. It covers the correct fitting of lungeing equipment, caring for horses during and after exercise, and knowledge of potential safety risks when lungeing horses.

This unit applies to workers who undertake routine non-ridden horse exercise tasks under supervision. The exercise may be undertaken in yards, exercise arenas and event areas.

Commonwealth and state/territory health and safety and animal welfare legislation, regulations and codes of practice relevant to interacting with horses apply to workers in this industry. Requirements vary between industry sectors and jurisdictions.

No licensing, legislative or certification requirements apply to this unit at the time of publication, except for the racing industry, where requirements vary between states and territories. Users working in the racing industry are advised to contact the relevant Principal Racing Authority for advice on current requirements.

Pre-requisite Unit

ACMEQU212 Handle horses safely

Unit Sector

Equine (EQU)

Elements and Performance Criteria

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
1. Prepare to lunge horse	1.1 Confirm with supervisor horse to be lunged, exercise schedule and suitable lungeing area

Elements	Performance Criteria
<i>Elements describe the essential outcomes.</i>	<i>Performance criteria describe the performance needed to demonstrate achievement of the element.</i>
	1.2 Identify hazards, assess risks and control and/or report risks prior to handling horses and starting exercise 1.3 Select and fit personal protective equipment (PPE) 1.4 Select, check and fit lunge gear and equipment according to individual horse requirements
2. Lunge a horse	2.1 Check environment, horse body language and behaviour, and confirm horse is ready to lunge 2.2 Assume correct lungeing position and progress horse safely in walk, trot and canter in both directions according to exercise program 2.3 Monitor horse and reduce intensity or stop lungeing exercise if horse displays signs of distress or injury
3. Perform post-exercise procedures	3.1 Remove gear from horse and check horse for signs of injury 3.2 Cool down, hose and groom horse after exercise according to horse requirements and workplace procedures 3.3 Record and report on horse performance and irregular horse behaviour, signs of distress or injury during and after exercise to supervisor 3.4 Check and maintain gear before storage, and report gear quality and maintenance issues to supervisor

Foundation Skills

This section describes those language, literacy, numeracy and employment skills that are essential for performance in this unit of competency but are not explicit in the performance criteria.

Skill	Description
Oral communication	- Use active listening and questioning techniques to clarify and confirm supervisor instructions - Use industry terminology to describe and report horse lungeing activities
Numeracy	Measure and calculate time, temperature, distance and speed

Unit Mapping Information

Code and title current version	Code and title previous version	Comments	Equivalence status
ACMEQU220 Lunge educated horses	ACMEQU210 Lunge educated horses	Prerequisite requirements changed Major changes to all sections of the unit	Not equivalent

Links

Companion Volumes, including Implementation Guides, are available at VETNet: -
<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103>

Assessment Requirements for ACMEQU220 Lunge educated horses

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Performance Evidence

An individual demonstrating competency must satisfy all of the elements and performance criteria in this unit.

There must be evidence that the individual has lunged at least three different calm, consistent and obedient horses that have been educated to lunge. Each lungeing session must be at least ten minutes (at least five minutes to the right and at least five minutes to the left) and must be undertaken in a safe lungeing area.

For each horse exercise activity, the individual must have:

- identified at least three hazards, assessed risks and controlled and/or reported risks prior to handling horses and starting exercise
- selected, correctly fitted and used horse gear and equipment for lungeing, according to horse and exercise program requirements
- selected, checked and correctly fitted personal protective equipment (PPE)
- monitored horse health and behaviour before, during and after lunge exercise, and reported signs of distress or injury to supervisor
- used safe horse lungeing techniques and equipment and gear, including:
 - single lunge rein
 - lunge whip
 - lunge roller or saddle
 - bridle or lunge cavesson
- controlled horse during walk, trot and canter in both directions
- carried out post-exercise care of horses, including cooling down using at least one of the following:
 - hand walking
 - hosing
 - grooming techniques
- cleaned horse gear and equipment according to workplace instructions and manufacturer instructions

- updated exercise program records, and reported horse performance and condition to supervisor.

Knowledge Evidence

An individual must be able to demonstrate the knowledge required to perform the tasks outlined in the elements and performance criteria of this unit. This includes knowledge of:

- workplace procedures for lungeing exercise of horses, including before, during and after lungeing
- workplace communication procedures for conducting horse lungeing exercise programs
- common horse behaviour and management related to lungeing exercise routines and fitness
- correct techniques for lungeing horses that have been educated in lungeing
- types, purpose, correct fit and safe use of horse lungeing gear and equipment, including:
 - single lunge rein
 - lunge whip
 - lunge roller or saddle
 - bridle or lunge cavesson
- use and risks associated with advanced lungeing equipment
- requirements for checking and maintaining horse lungeing working gear and equipment
- likely injuries that may be sustained by horses and handlers during lungeing exercise
- signs of horse injury, fatigue and distress related to lungeing exercise
- safe horse handling techniques and zones when lungeing horses
- safe lungeing environments and surfaces
- key features of lungeing exercise programs for horses at various stages of fitness
- common workplace health and safety requirements and practices relating to lungeing exercise, including:
 - hazard identification, risk assessment, risk control and reporting
 - types and purpose of PPE
 - handling, restraining and lungeing horses
 - safe storage handling and disposal of cleaning agents
- responsibility for reporting and controlling health and safety risks for own job role
- horse welfare considerations for lungeing exercise, including:
 - weather, including wind and temperature
 - fatigue and stress
 - health status, including current injuries
- workplace horse exercise and condition reporting systems and practices.

Assessment Conditions

Assessment of the skills in this unit of competency must take place under the following conditions:

- physical conditions:
 - a safe horse lungeing environment
- resources, equipment and materials:
 - live horses specified in the performance evidence, assessed as suitable for the assessment of this unit and the individual being assessed
 - safe horse gear, tools and equipment suitable for the tasks specified in the performance evidence, including PPE
 - workplace reporting and recording formats
- specifications:
 - workplace procedures and instructions or program for lungeing horses
- relationships:
 - supervisor.

The *Companion Volume: User Guide: Safety in Equine Training* provides advice and sample templates to assist assessors with the risk assessments that should be undertaken to help ensure the safety of all involved in the assessment.

Assessors of this unit must satisfy the requirements for assessors in applicable vocational education and training legislation, frameworks and/or standards.

Links

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<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=b75f4b23-54c9-4cc9-a5db-d3502d154103>