



Australian Government

SITHASC307 Produce dim sum

Release 1

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Modification History

The version details of this endorsed unit of competency set are in the table below. The latest information is at the top.

Version	Comments
1.0	<p>E</p> <p>Replaces and is equivalent to SITHASC020A Prepare and produce Chinese dim sum.</p> <p>Title simplified. Unit structure made consistent across all cooking units. Re-worked Elements, Performance Criteria, Required Skills and Knowledge to better articulate content. Any 'must' statements in Range moved to Required Knowledge and Critical aspects for assessment.</p>

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to prepare and cook dim sum following standard recipes. It requires the ability to select, prepare and portion ingredients and to use relevant equipment and cookery methods.

Application of the Unit

This unit applies to hospitality and catering organisations that offer Chinese cuisine, and to cooks who usually work under the guidance of more senior chefs.

Licensing/Regulatory Information

No licensing, legislative, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

This unit must be assessed after the following prerequisite unit:	
SITXFSA101	Use hygienic practices for food safety

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

Elements describe the essential outcomes of a unit of competency. Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.

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|---------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 1. Select ingredients. | 1.1 Confirm <i>food production requirements</i> from food preparation list and standard recipes.
1.2 Calculate ingredient amounts according to requirements.
1.3 Identify and select dim sum <i>ingredients</i> from stores according to recipe, quality, freshness and stock rotation requirements. |
| 2. Select, prepare and use equipment. | 2.1 Select <i>equipment</i> of correct type and size.
2.2 Safely assemble and ensure cleanliness of equipment before use.
2.3 Use equipment safely and hygienically according to manufacturer instructions. |
| 3. Portion and prepare ingredients. | 3.1 Sort and assemble ingredients according food production sequencing.
3.2 Weigh and measure ingredients and create portions according to recipe.
3.3 Prepare coconut milk, setting agents and fresh fruits to correct consistency, according to recipe.
3.4 Minimise waste and store reusable by-products. |
| 4. Cook dim sum. | 4.1 Portion dim sum precisely.
4.2 Prepare fillings, glazing and coating agents to correct consistency, according to recipe.
4.3 Size and shape buns and dumplings.
4.4 Select and use dim sum <i>cooking methods</i> .
4.5 Prepare <i>accompaniments</i> as required.
4.6 Follow standard recipes and make <i>food quality adjustments</i> within scope of responsibility. |
| 5. Present sweet and savoury dim sum. | 5.1 Portion and serve dim sum according to recipe requirements.
5.2 Match crockery size, colour and shape to dim sum items.
5.3 Add accompaniments according to standard recipes.
5.4 Visually evaluate dish and <i>adjust presentation</i> .
5.5 Ensure food safety, quality and shelf life by storing dim sum and accompaniments in appropriate <i>environmental conditions</i> . |

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- initiative and enterprise skills to minimise wastage
- literacy skills to:
 - read and interpret food preparation lists, standard recipes, date code and stock rotation labels and manufacturer instructions for equipment
 - write notes on recipe requirements and calculations
- numeracy skills to:
 - calculate the number of portions
 - weigh and measure ingredients
 - determine cooking times and temperatures
- planning and organising skills to efficiently sequence the stages of food preparation and production
- problem-solving skills to:
 - evaluate quality of dim sum and make adjustments to ensure a quality product
 - adjust taste and appearance of food products according to identified deficiencies
- self-management skills to manage own speed, timing and productivity
- technology skills to use food preparation and cooking equipment.

Required knowledge

- culinary terms and trade names for ingredients commonly used in the production of dim sum:
 - coating and setting agents
 - coconut products
 - fat compounds
 - fillings
 - flours
 - herbs and spices
 - oils
 - meat
 - seafood
 - vegetables
- cultural and regional considerations and variations
- characteristics of dim sum ingredients and finished dishes:
 - accompaniments and garnishes
 - appearance and presentation
 - freshness and other quality indicators
 - nutritional value

- service style
- taste
- texture
- contents of stock date codes and rotation labels
- preparation methods for dim sum:
 - blending and balancing flavours and aromatics
 - cutting
- effects of cooking techniques on nutrition, taste, texture and appearance
- equipment used to produce and present dim sum:
 - essential features and functions
 - safe operational practices
- storage of dim sum products and dishes:
 - correct environmental conditions to ensure food safety
 - appropriate methods to optimise shelf life.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the ability to:

- prepare dim sum and dim sum accompaniments, including:
 - chicken buns
 - chive dumplings
 - pork buns
 - pork wontons
 - potsticker dumplings
 - prawn dumplings
 - soup meat buns
 - spring rolls
 - stuffed bean curd
 - stuffed crab claws
 - symbolic dim sums
 - vegetable buns
 - vegetarian dumplings
- produce food for multiple customers within commercial time constraints
- integrate knowledge of:

quality indicators for dim sum

cookery methods for different types of dim sum

- features, functions and safe use of food preparation equipment
- food safety practices for handling and storing dim sum.

Context of and specific resources for assessment

Assessment must ensure use of:

- an operational commercial kitchen with the fixtures, large and small equipment and workplace documentation defined in the
- Assessment Guidelines; this can be a:
 - real industry workplace
 - simulated industry environment such as a training kitchen servicing customers

- industry-realistic ratios of kitchen staff to customers
- food preparation lists and standard recipes
- a variety of commercial ingredients.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- direct observation of the individual preparing for and producing dim sum
- evaluation of the taste and visual appeal of dim sum prepared by the individual
- projects that allow assessment of the individual's ability to produce a variety of dim sum
- use of visual and taste recognition exercises so the individual can identify ingredient and product characteristics
- written or oral questioning to assess knowledge of culinary terms, quality indicators for dim sum, equipment, cookery methods and appropriate environmental storage conditions
- review of portfolios of evidence and third-party workplace reports of on-the-job performance by the individual.

Guidance information for assessment

The assessor should design integrated assessment activities to holistically assess this unit with other units relevant to the industry sector, workplace and job role, for example:

- SITXFSA201 Participate in safe food handling practices.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Food production requirements may include:

- deadlines
- portion control
- quantities
- special customer requests
- special dietary needs.

Ingredients for dim sum may include:

- coconut milk
- coating and setting agents
- fat compounds
- fillings, including:
 - sweet mung bean
 - lotus paste
- flours:
 - tapioca
 - wheat
- flowers
- fresh fruits
- fungi
- meat
- oils
- poultry
- seafood yeast.

Equipment may include:

- choppers
- knives
- mortar and pestle
- pastry and dough rollers
- skimmers
- steamers
- strainers.

Cookery methods may include:

- deep-frying
- braising
- steaming
- roasting
- baking.

Accompaniments may include:

- oils:

Food quality adjustments may relate to:

- garlic
- red
- spring onion
- sauces:
 - garlic pepper
 - hot mustard
 - sweet and sour
 - vinegar soy
- vinegar and ginger dip.
- taste:
 - bitter
 - salty
 - sour
 - sweet
 - umami
- temperature
- texture:
 - clean
 - creamy
 - crispy
 - crunchy
 - fibrous
 - moist
 - mousse
 - rich
 - slippery
 - smooth
 - velvety.

To *adjust presentation* may involve:

- changing accompaniments and garnishes to maximise eye appeal:
 - balance
 - colour
 - contrast
- changing plated food for practicality of:
 - customer consumption
 - service
- wiping drips or spills.

Environmental conditions relates to appropriate:

- atmosphere
- humidity
- light

- packaging
- temperature
- use of containers
- ventilation.

Unit Sector(s)

Hospitality

Competency Field

Asian Cookery