



Australian Government

Assessment Requirements for SITHIND001 Use hygienic practice for hospitality service

Release: 1

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Modification History

Not applicable.

Performance Evidence

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- establish a procedure to:
 - integrate at least eight personal hygiene practices in day-to-day preparation for work
 - check at least two of the following for contamination and cleanliness during day-to-day work functions and adjust as required:
 - hands
 - uniform
 - clothing
 - personal protective items.

Knowledge Evidence

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- personal and professional reasons for maintaining personal hygiene in hospitality service environments:
 - reduction of, and healing from, personal illness
 - optimal health and sense of well being
 - social acceptance
 - prevention of spread of illness to others
 - maintenance of organisation image and service standards
- personal hygiene practices to care for personal health and wellbeing prior to and during service periods:
 - bathing or showering
 - brushing and flossing teeth; using mouthwash
 - cutting or manicuring finger nails
 - treating skin allergies, conditions or wounds
 - using deodorant
 - using hand sanitiser
 - washing clothes regularly
 - washing hands regularly

- washing scalp and hair
- wearing clean clothing and personal protective equipment
- meaning of:
 - airborne diseases
 - infectious diseases
- ways of transferring micro-organisms and spreading airborne and infectious diseases and illness to self and others:
 - blowing nose
 - coughing
 - drinking
 - scratching skin and hair
 - sneezing
 - spitting
 - touching wounds
- employee responsibilities in following hygienic practices and maintaining the hygiene of the workplace.

Assessment Conditions

Skills must be demonstrated in a hospitality industry service environment. This can be:

- an industry workplace
- a simulated industry environment.

Assessment must ensure access to:

- organisational specifications:
 - guidelines relating to personal hygiene and presentation requirements
 - guidelines relating to workplace hygiene standards and hazards
- others with whom the individual can interact; these can be:
 - others in an industry workplace who are assisted by the individual during the assessment process; or
 - individuals who participate in role plays or simulated activities, set up for the purpose of assessment, in a simulated industry environment operated within a training organisation.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

Links

Companion Volume implementation guides are found in VETNet -

<https://vetnet.gov.au/Pages/TrainingDocs.aspx?q=68c40a93-e51d-4e0f-bc06-899dff092694>

