



**Australian Government**

# **Assessment Requirements for SITHIND001 Use hygienic practice for hospitality service**

**Release: 1**

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### **Modification History**

Not applicable.

### **Performance Evidence**

Evidence of the ability to complete tasks outlined in elements and performance criteria of this unit in the context of the job role, and:

- establish a procedure to:
  - integrate at least eight personal hygiene practices in day-to-day preparation for work
  - check at least two of the following for contamination and cleanliness during day-to-day work functions and adjust as required:
    - hands
    - uniform
    - clothing
    - personal protective items.

### **Knowledge Evidence**

Demonstrated knowledge required to complete the tasks outlined in elements and performance criteria of this unit:

- personal and professional reasons for maintaining personal hygiene in hospitality service environments:
  - reduction of, and healing from, personal illness
  - optimal health and sense of well being
  - social acceptance
  - prevention of spread of illness to others
  - maintenance of organisation image and service standards
- personal hygiene practices to care for personal health and wellbeing prior to and during service periods:
  - bathing or showering
  - brushing and flossing teeth; using mouthwash
  - cutting or manicuring finger nails
  - treating skin allergies, conditions or wounds
  - using deodorant
  - using hand sanitiser
  - washing clothes regularly

- washing hands regularly
- washing scalp and hair
- wearing clean clothing and personal protective equipment
- meaning of:
  - airborne diseases
  - infectious diseases
- ways of transferring micro-organisms and spreading airborne and infectious diseases and illness to self and others:
  - blowing nose
  - coughing
  - drinking
  - scratching skin and hair
  - sneezing
  - spitting
  - touching wounds
- employee responsibilities in following hygienic practices and maintaining the hygiene of the workplace.

## Assessment Conditions

Skills must be demonstrated in a hospitality industry service environment. This can be:

- an industry workplace
- a simulated industry environment.

Assessment must ensure access to:

- organisational specifications:
  - guidelines relating to personal hygiene and presentation requirements
  - guidelines relating to workplace hygiene standards and hazards
- others with whom the individual can interact; these can be:
  - others in an industry workplace who are assisted by the individual during the assessment process; or
  - individuals who participate in role plays or simulated activities, set up for the purpose of assessment, in a simulated industry environment operated within a training organisation.

Assessors must satisfy the Standards for Registered Training Organisations' requirements for assessors.

## **Links**

Companion Volume implementation guides are found in VETNet -  
<https://vetnet.education.gov.au/Pages/TrainingDocs.aspx?q=68c40a93-e51d-4e0f-bc06-899df092694>