



Australian Government

SISSTNS204 Conduct red stage tennis activities

Release: 1

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Modification History

The release details of this endorsed unit are in the table below. The latest information is at the top.

Release	Comments
1	New unit.

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to assist in the preparation and conduct of red stage tennis activities for beginner players.

Tennis Australia has specific training and assessment requirements for the industry accreditation of coaches. Those developing training and assessment to support this unit should undertake consultation with Tennis Australia, to determine any specific arrangements for courses, trainers and assessors which will facilitate RPL for individuals to achieve Tennis Australia coach member status as a Community Coach.

Application of the Unit

This unit applies to those who work as community tennis coaches under the direct supervision of a program coordinator. This may include those undertaking a supportive role in the planning and implementation of red stage tennis activities for beginner players.

Licensing/Regulatory Information

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

Nil.

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

Elements describe the essential outcomes of a unit of competency. Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.

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|--|---|
| <ol style="list-style-type: none"> 1. Confirm plan for red stage tennis activities. | <ol style="list-style-type: none"> 1.1.Determine individual roles, tasks and responsibilities with program coordinator. 1.2.Confirm <i>activity plan</i> and <i>objectives</i> with program coordinator. 1.3.Confirm the <i>red stage tennis skills</i> to be developed. 1.4.Confirm <i>organisational layout</i> of activities. 1.5.Assess conditions and equipment for safety and suitability according to <i>organisational policies and procedures</i>. 1.6.Brief players on safety issues and activity-specific participation requirements prior to commencement. |
| <ol style="list-style-type: none"> 2. Conduct red stage tennis activities. | <ol style="list-style-type: none"> 2.1.Conduct warm-up activities. 2.2.Deliver <i>red stage tennis activities</i> for <i>beginner players</i>. 2.3.Monitor player performance to ensure maximum participation 2.4.<i>Modify</i> activities to cater for individual player needs. 2.5.Maintain effective communication during activities. |
| <ol style="list-style-type: none"> 3. Review activities. | <ol style="list-style-type: none"> 3.1.Evaluate activities, based on feedback from players, program coordinator, parents and personal reflection. 3.2.Review own performance and identify potential improvements. |

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills to:
 - confirm roles and responsibilities with program coordinator
 - interact with players and program coordinator
 - explain and demonstrate activities
- planning and organising skills to:
 - access plan for tennis activities
 - set up court for safe delivery of tennis activities
 - assess conditions and equipment for safety and suitability
- self-management skills to:
 - recognise and act within boundaries of roles and responsibilities
 - reflect on personal performance
- teamwork skills to carry out allocated tasks
- literacy skills to interpret and seek clarification on activity plans and objectives.
- personal performance of basic skills of tennis to demonstrate red stage tennis activities.

Required knowledge

- organisational policies and procedures to enable safe conduct of all red stage tennis activities
- location-specific information to assist in the planning process and enable management of potential risks applying to the location
- equipment used to deliver red stage tennis activities
- fundamental motor skill and red stage player competencies
- cognitive, physical, social characteristics of children in the red stage (i.e., aged 4-6 years)
- basic skills of tennis
- red stage activities to develop the basic skills of tennis.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the ability to:

- access a plan for tennis activities and identify individual roles, responsibilities and activity objectives in consultation with program coordinator
- interact effectively with beginner players and communicate information about safety aspects
- set up court and conduct red stage tennis activities to maximise participation and monitor player performance
- contribute to evaluation of tennis activities and reflect on own performance to identify areas that need improvement.

Context of and specific resources for assessment

Assessment must ensure:

- the conduct of multiple red stage tennis activities for beginner players that are of sufficient duration and breadth to demonstrate competency and consistency of performance.

Assessment must also include access to:

- groups of beginner players to participate in red stage tennis activities
- a tennis venue with courts suitable for the conduct of red stage tennis activities (red court)
- modified equipment for red stage tennis activities.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- observation of red stage activities and debriefing processes under the guidance of a program coordinator
- oral or written questioning to assess knowledge of the application of legislation and organisational policies and procedures required to maintain player safety
- third-party reports from a supervisor or program coordinator detailing performance
- review of portfolios of evidence and third-party workplace reports of on-the-job performance by the

individual.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for example:

- SISSSCO101 Develop and update knowledge of coaching practices.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the individual, accessibility of the item, and local industry and regional contexts) may also be included.

Activity plan may include:

- objectives
- location
- equipment and resources
- organisational layout
- time
- activities.

Objectives may include:

- cognitive
- psychomotor
- affective
- social.

Red stage tennis skills may include:

- movement
- modified serve
- serve return
- forehand and backhand groundstrokes
- volley
- rallying.

Organisational layout may include:

- set-up of activities on court
- position of players and coach
- role of coach (feeding, roaming, rallying)
- type of activity (whole group, partner, station or combination).

Organisational policies and procedures may include:

- working with children
- work health and safety
- time constraints
- risk management
- communication protocols
- supervision requirements
- first aid procedures
- code of ethics or behaviour.

Red stage tennis activities may include:

- warm-up activities
- fundamental motor skill activities
- movement activities
- modified tennis activities
- cooperative and competitive rally activities.

- Beginner players*** may include:
- those demonstrating basic coordination and skill development
 - non-competition players.
- Modify*** may include:
- regress activities by simplifying equipment and/or environment (smaller racquet, low compression balls, reduce playing space)
 - progress activities by changing equipment and/or environment (change ball, increase playing space).

Unit Sector(s)

Sport.

Competency Field

Tennis.