

# SISSCKT304A Perform the advanced skills of cricket

Release: 2



#### SISSCKT304A Perform the advanced skills of cricket

## **Modification History**

Not Applicable

## **Unit Descriptor**

This unit describes the performance outcomes, skills and knowledge required to perform the advanced skills of cricket. This unit focuses on the development and performance of advanced cricket skills during drills, activities, games and or competitions.

# **Application of the Unit**

This unit applies to current, junior or aspiring athletes who are competing in cricket at a state level. It may also apply to those in sports development or cricket coaching roles.

# **Licensing/Regulatory Information**

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

# **Pre-Requisites**

Nil

## **Employability Skills Information**

This unit contains employability skills.

Approved Page 2 of 8

#### **Elements and Performance Criteria Pre-Content**

#### **Elements and Performance Criteria**

#### **ELEMENT**

#### PERFORMANCE CRITERIA

Elements describe the essential outcomes of a unit of competency.

Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the evidence guide.

- Prepare for cricket drills, activities, games and competitions.
- 1.1. Access and interpret cricket *rules*, *regulations and policies*.
- 1.2. Determine *basic biomechanical principles* as they apply to cricket.
- 1.3. Identify advanced skills of cricket and determine observable body movements for each stage of these skills in priority of importance when performing the skills.
- 1.4. Identify the advanced skills of cricket players, as applicable to each position and or player, and their purpose.
- 2. Participate in cricket drills, activities, games and competitions.
- 2.1. Undertake *drills*, *activities*, *games and competitions* in a safe manner, according to *relevant legislation* and *organisational policies and procedures*.
- 2.2.Link and perform the advanced skills of cricket to form a sequence of movements in competition conditions.
- 2.3. Maintain *effective communication* with team members and coach during drills, activities, games and competitions.
- 3. Review advanced skills performance.
- 3.1. Review advanced skills practiced throughout drills, activities, games and competitions, and identify strengths and areas requiring improvement.
- 3.2. Identify *conditions and external influences* affecting conduct of activities and identify contingency strategies to improve future sessions.

Approved Page 3 of 8

## Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

#### Required skills

- communication skills on and off the cricket field to:
  - determine other player's intentions and movements
  - communicate with coaches and clarify positions, rules and play set-ups
  - seek feedback and instructions from team members, coaches, support staff and umpires
- teamwork skills to:
  - encourage and support team members
  - respect other player's decisions
  - participate effectively in advanced training activities
- language and literacy skills to access, interpret and apply information about the rules and regulations of cricket games and competitions
- problem-solving skills to respond appropriately to changing conditions during advanced training and game situations
- self management skills to:
  - review and reflect on own performance,
  - organise time and priorities effectively
  - set short, medium and long term goals.

#### Required knowledge

- legislation and organisational policies and procedures to enable safe participation in all activities
- rules, regulations and policies of the Australian Cricket Board, including Laws of the Game and best practice codes to participate appropriately
- basic biomechanical principles to enable safe and effective performance of the advanced skills of cricket
- self reflection principles to enable effective self evaluation for future improvement
- cricket positions and players, roles and responsibilities on the field during advanced level games and the biomechanics related to skill acquisition
- relevant equipment and technological aids used in cricket drills, activities, games and competitions to enhance advanced skills
- communication systems used between players, coaches, support staff and umpires during cricket drills, activities, games and competitions.

Approved Page 4 of 8

#### **Evidence Guide**

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

#### Overview of assessment

#### Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- utilises knowledge and interpretation of skills of and relevant rules, regulations and policies to
- determines observable body movements for each stage of advanced skills and links together and practices these during drills, activities, games and competitions
- communicates appropriately with team members. coach, umpires and support staff throughout drills, activities, games and competitions, and responds to feedback
- reviews own and team's cricket performance to identify strengths and areas requiring improvement and or modifications.

# assessment

**Context of and specific resources for** Assessment must ensure performance of the advanced skills of cricket applicable to own fielding position or positions and batting order on sufficient occasions to demonstrate competency and consistency of performance.

Assessment must also include access to:

- cricket training and competition facilities, with marked out field and suitable pitch
- groups or teams of players to play advanced level cricket
- a coach to instruct and address players
- suitably qualified umpires
- support staff, such as trainers
- resources and information detailing the advanced skills of cricket
- rules, regulations and policies such as the Australian Cricket Board Laws of the Game and notes on the
- current organisational policies and procedures that impact on the conduct of drills, activities, games and competitions.

#### Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples

Page 5 of 8 Approved

are appropriate for this unit:

- observation of performance of advanced skills during drills, activities, games and competitions
- oral or written questioning to assess knowledge of the various advanced skills and rules, regulations and policies of cricket
- third-party reports from coaches or umpires detailing performance.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended, for example:

• SISSCKT305A Perform the advanced tactics and strategies of cricket.

Approved Page 6 of 8

### **Range Statement**

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

# Rules, regulations and policies may include:

- local, national and international rules of cricket
- Australian Cricket Board Laws of the Game and notes on the laws
- Australian Cricket Board code of conduct.
- Australian Sports Commission Harassment free Sport policy.

# **Basic biomechanical principles** may include:

- balance
- motion
- force
- momentum
- power.

# Advanced skills of cricket may include:

- skill level for players at state level
- batting
- bowling
- fielding: and running
- dismissals
- slips
- wicket keeping.

#### *Drills*, *activities* may include:

- sequential progression to an 'on field' situation or starting with the 'on field' situation and then breaking down skills
- warm ups and cool downs
- batting, bowling, fielding drills
- catching, throwing and running drills
- concentration drills
- grid work.

# Games and competitions may include:

- modified games
- practice matches:
- inter- squad games
- competition games.

#### **Relevant legislation** may include:

- occupational health and safety
- authority or permission from land owners, local council and or cricket clubs.

Approved Page 7 of 8

#### Organisational policies and procedures may include:

- occupational health and safety:
- conflict resolution
- communication protocols
- use, care and maintenance of equipment, pitch and field
- training and scheduling commitments
- code of ethics.

#### Effective communication may include:

- calls
- hand signals
- signs.

#### Conditions and external *influences* may include:

- environmental or weather conditions
- other facility users
- support staff
- spectators
- parents.

# **Unit Sector(s)**

Sport

# **Competency Field**

Cricket

Page 8 of 8 Approved Service Skills Australia