



Australian Government

Department of Education, Employment and Workplace Relations

SISOYSA406A Instruct windsurfing

Release: 2

SISOYSA406A Instruct windsurfing

Modification History

Not Applicable

Unit Descriptor

This unit describes the performance outcomes, skills and knowledge required to instruct windsurfing activities. This unit focuses on planning, implementing and evaluating an instructional windsurfing session to enable participants to achieve the skills and knowledge required to participate independently in windsurfing activities.

Application of the Unit

This unit applies to windsurfing instructors who are responsible for planning, implementing and evaluating instructional windsurfing sessions for groups of participants.

This unit may also apply to outdoor recreation leaders working for outdoor education or adventure providers, volunteer groups, not for profit organisations or government agencies.

Licensing/Regulatory Information

No licensing, regulatory or certification requirements apply to this unit at the time of endorsement.

Pre-Requisites

SISOYSA404A Use long boards in difficult conditions
or
SISOYSA405A Use short boards in difficult conditions

Employability Skills Information

This unit contains employability skills.

Elements and Performance Criteria Pre-Content

Elements and Performance Criteria

ELEMENT

PERFORMANCE CRITERIA

Elements describe the essential outcomes of a unit of competency.

Performance criteria describe the performance needed to demonstrate achievement of the element. Where bold italicised text is used, further information is detailed in the required skills and knowledge section and the range statement. Assessment of performance is to be consistent with the Evidence Guide.

1. Plan a windsurfing session.

- 1.1. Establish participant's needs and *characteristics*.
- 1.2. Assess participant's current windsurfing knowledge in order to determine the *session's aims and objectives*.
- 1.3. Determine an appropriate *instructional plan* according to participant's needs and characteristics.
- 1.4. Develop a *windsurfing plan* according to participant's needs and characteristics, *relevant legislation* and *organisational policies and procedures*.
- 1.5. Select a suitable site or location for the session according to participant's needs, session's aims, relevant legislation and organisational policies and procedures.
- 1.6. Identify potential *hazards* associated with windsurfing and minimise *risks* according to organisational policies and procedures.
- 1.7. Access *relevant sources* to interpret detailed *weather and environmental information* and determine *contingency plans*.

2. Select and organise equipment and resources.

- 2.1. Select and access *equipment* and *resources* according to *contextual issues* and organisational policies and procedures.
- 2.2. Check equipment for safety and suitability according to relevant legislation, organisational policies and procedures, and manufacturer's recommendations.
- 2.3. Correct any equipment deficiencies and adjust to ensure personal comfort.
- 2.4. Check contents of first aid and repair kits to ensure their suitability to the location and activity.
- 2.5. Arrange, where required, protective and or safety

ELEMENT	PERFORMANCE CRITERIA
3. Brief participants.	<p>clothing for each participant.</p> <ul style="list-style-type: none">3.1. Communicate instructions and relevant information about the windsurfing session in a manner appropriate to the participants.3.2. Encourage participants to seek clarification, information and feedback as required during the session.3.3. Establish a suitable communication system for participants to use while participating in windsurfing activities.3.4. Inform participants of known and anticipated hazards, safety procedures and appropriate behaviour.3.5. Identify minimal impact practices for the activity and communicate to participants.3.6. Check and confirm that all participants' boards and equipment are fitted and adjusted, and clothing is suitable.
4. Instruct windsurfing session.	<ul style="list-style-type: none">4.1. Conduct introductory activities for participants to reduce the risk of injury.4.2. Apply instructional techniques to impart required windsurfing knowledge, windsurfing skills and safety procedures.4.3. Demonstrate rescue techniques specific to windsurfing, and provide opportunities for practice.4.4. Monitor individual participant's performance, behaviour and location during windsurfing session.4.5. Observe participants during windsurfing activities and adjust or refine individual and or group technique as required.4.6. Monitor and assess instructional activities and associated risks, and modify where required according to organisational policies and procedures.4.7. Inform participants of opportunities to further develop their windsurfing skills and knowledge.
5. Complete post session responsibilities.	<ul style="list-style-type: none">5.1. Retrieve, inspect, repair and store equipment according to organisational policies and procedures.5.2. Provide opportunities for participants to identify their personal progress and satisfaction with the session, and give feedback as required.5.3. Apply feedback and assessment to evaluate relevant aspects of the windsurfing session and

ELEMENT

PERFORMANCE CRITERIA

- determine the level of learning achieved.
- 5.4. Identify potential areas of improvement for future windsurfing instructional sessions.

Required Skills and Knowledge

This section describes the skills and knowledge required for this unit.

Required skills

- communication skills to:
 - consult with participants to plan windsurfing sessions
 - convey information about safety aspects
 - interact with participants to create a safe and positive environment
- problem-solving skills to:
 - plan windsurfing sessions according to participant's needs and characteristics
 - use instructional techniques to suit a range of participant's needs, characteristics and learning styles
 - address participant difficulties in developing techniques
 - anticipate and respond to non-routine situations
- planning and organising skills to:
 - source, allocate and coordinate windsurfing resources and equipment
 - monitor and evaluate progress
 - organise participants into manageable groups for windsurfing
- language and literacy skills to:
 - produce windsurfing and instructional plans for the session
 - complete post-session participant and self evaluations
- emergency response and rescue skills appropriate to the site to enable initial response to emergencies while instructing windsurfing activities.

Required knowledge

- legislation and organisational policies and procedures to enable safe conduct of windsurfing session
- site specific information to assist in the planning process and enable management of potential hazards and any special restrictions applying to the location
- equipment and board types, construction features, characteristics and technology used for windsurfing, the advantages and disadvantages of the range of equipment to enable safe and effective selection, use and maintenance of equipment
- instruction techniques and theories applicable to a range of ages and learning abilities
- windsurfing techniques and common communication methods used between participants to reduce risk during activities
- maintenance tools and spare parts to conduct checks and repairs
- weather and environmental information to ascertain possible conditions and their affect on the session
- hazards, obstacles and risks associated with windsurfing and how to negotiate these
- emergency, rescue and first aid procedures relevant to the site to ensure risk minimisation to self and others.

Evidence Guide

The evidence guide provides advice on assessment and must be read in conjunction with the performance criteria, required skills and knowledge, range statement and the Assessment Guidelines for the Training Package.

Overview of assessment

Critical aspects for assessment and evidence required to demonstrate competency in this unit

Evidence of the following is essential:

- plans and delivers information, explanations and demonstrations for windsurfing sessions to ensure activities are conducted safely according to participant's needs and characteristics
- observes and monitors the progress of participants and provides constructive feedback and intervention to improve windsurfing performance
- evaluates and reflects on own instruction performance to identify strengths, weaknesses and areas that need improvement.

Context of and specific resources for assessment

Assessment must ensure instruction of windsurfing activities that meet the needs and characteristics of a range of participants to demonstrate competency and consistency of performance.

Assessment must also ensure access to:

- a suitable body of water and conditions for the conduct of windsurfing instructional sessions
- participants to take part in windsurfing sessions
- windsurfing, safety, rescue, first aid and teaching equipment
- resources and information regarding participants and location to plan, instruct and document windsurfing sessions.

Method of assessment

A range of assessment methods should be used to assess practical skills and knowledge. The following examples are appropriate for this unit:

- oral or written questioning to assess knowledge and application of relevant legislation and organisational policies and procedures to enable safe conduct of all windsurfing activities
- observation of safe windsurfing instruction, monitoring and adjustment according to participant's needs and characteristics
- portfolio of windsurfing session plans
- third-party reports from a supervisor detailing

performance.

Holistic assessment with other units relevant to the industry sector, workplace and job role is recommended.

Range Statement

The range statement relates to the unit of competency as a whole. It allows for different work environments and situations that may affect performance. Bold italicised wording, if used in the performance criteria, is detailed below. Essential operating conditions that may be present with training and assessment (depending on the work situation, needs of the candidate, accessibility of the item, and local industry and regional contexts) may also be included.

Characteristics may include:

- age
- cultural and situational factors
- previous experience and knowledge
- physical development.

Session's aims and objectives may include:

- developing windsurfing skills and techniques
- education
- development
- therapy
- fitness targets
- recreation.

Instructional plan may include:

- windsurfing activities
- duration of activities.

Windsurfing plan may include:

- aims and objectives
- date, time and duration
- site, equipment and resources
- instructor and participant ratios
- safety requirements
- risk and contingency management plan.

Relevant legislation may include:

- occupational health and safety
- permits or permission for access
- environmental regulations.

Organisational policies and procedures may include:

- occupational health and safety
- use, maintenance and storage of equipment
- assessment procedures
- time and budget constraints
- communication protocols
- ***windsurfing etiquette***
- code of ethics.

Hazards may include:

- temperature extremes
- slippery or unstable terrain
- dangerous animals and insects
- stinging trees and nettles
- dense vegetation
- group management hazards.

Risks may include:

- hypothermia
- heat exhaustion
- injuries
- exhaustion
- lost party or party member
- equipment failure.

Relevant sources may include:

- Bureau of Meteorology
- media
- land managers or agencies
- coastal patrol or coastguard
- volunteer marine rescue
- local knowledge.

Weather and environmental information may include:

- satellite images
- daily and weekly forecasts
- maximum and minimum temperatures
- weather warnings
- event warnings
- river levels
- synoptic charts
- high and low tide predictions.

Contingency plans may include:

- change in weather and or conditions
- equipment failure
- participant's needs.

Equipment may include

- windsurfing equipment
- safety, first aid and rescue equipment
- communication equipment
- repair equipment.

Resources may include:

- clothing and footwear
- food and water
- teaching aids.

Contextual issues may include:

- weather conditions, including times
- season
- transport
- location
- trip distance and duration
- group objectives
- group size.

Relevant information may include:

- risk and hazard prevention and management
- safety procedures
- windsurfing techniques and manoeuvres
- responsible and safe behaviour.

Safety procedures may include:

- treatment and prevention of common windsurfing incidents or risks
- determining safe areas and boundaries
- managing group in emergency situations.

Instructional techniques may include:

- sequence of instruction:
 - simple to complex
 - part to whole
 - chronological
 - known to unknown
- D.E.D.I.C.T:
 - demonstrate
 - explain
 - demonstrate
 - instruct
 - critique
 - test
- E.D.I.C.T:
 - explain
 - demonstrate
 - instruct
 - critique
 - test
- I.D.E.A:
 - introduce
 - demonstrate
 - explain
 - apply
- feedback.

Required windsurfing knowledge may include:

- windsurfing skills and techniques
- water features, hazards and risks
- minimal impact practices
- communication systems used in windsurfing.

Relevant aspects may include:

- objectives
- planning process
- activity site
- weather
- equipment selection
- clothing selection
- food selection
- instructional content

- instructional technique
- directing techniques
- rescue techniques employed.

Unit Sector(s)

Outdoor Recreation

Competency Field

Yachting - Windsurfing