



**Australian Government**

# **SIS50512 Diploma of Sport Coaching**

**Release: 1**

## SIS50512 Diploma of Sport Coaching

### Modification History

The version details of this endorsed qualification are the table below. The latest information is at the top.

Release	Comments
1	<p>Replaces but is not equivalent to SIS50510 Diploma of Sport Coaching</p> <p>Job role changed to high performance coach</p> <p>Entry requirements added</p> <p>Qualification packaging rules changed. Total number of units increased by 3 units:</p> <ul style="list-style-type: none"> <li>• 2 units added to the core</li> </ul> <p>New and updated unit codes and titles in core and electives</p> <p>Imported units updated</p> <p>Numerous units added to the electives.</p>

### Description

This qualification reflects the role of individuals who apply the skills and knowledge to pursue a career as a coach at a high performance level. Likely functions for someone with this qualification include observing elite athletes to determine the level of instruction required, and planning, conducting and evaluating high performance individualised and team training programs. Those with this qualification would also supervise practice sessions and provide in competition assistance to athletes including supporting their psychological preparation and conducting post competition analysis of both performance and strategy. Outcomes would vary depending on the specialisation chosen.

#### Job roles

The following is an indicative job role for this qualification.

- high performance coach.

### Pathways Information

This qualification is suitable for an Australian Apprenticeship pathway.

## **Licensing/Regulatory Information**

No licensing, legislation, regulatory or certification requirements apply to this qualification of the endorsement.

## **Entry Requirements**

Entry to SIS50512 Diploma of Sport Coaching is open to those who hold a current first aid and CPR certification, AND National Coaching Accreditation Scheme (NCAS) registration in a chosen sport AND the following units:

SISSSCO306 Provide drugs in sport information

SISSSCO307 Provide nutrition information to athletes

SISSSCO308 Support athletes to adopt principles of sport psychology

SISSSCO409 Work collaboratively with support personnel

SISSSCO411 Apply self-management to intermediate level coaching

The pre-requisite units attached to any of the elective units must be undertaken and are additional to the number of elective units required for the qualification.

## Employability Skills Summary

The following table contains a summary of the employability skills required by the sport industry for this qualification. The employability skills facets described here are broad industry requirements that may vary depending on qualification packaging options.

<b>Employability skill</b>	<b>Industry/enterprise requirements for this qualification include:</b>
Communication	Communicating with high performance athletes to determine their specific needs and advise on competition strategy; liaising with high performance support staff; interpreting and explaining complex training and performance or competition data; clarifying instructions to athletes related to drugs in sport; documenting individualised and team high performance training programs.
Teamwork	Providing leadership to high performance support personnel during practice sessions; providing assistance where necessary to high performance athletes to maintain team harmony; collaborating with, and providing guidance to officials and sport personnel to achieve agreed goals; promoting compliance with legal obligations; supporting athletes with psychological preparation; recognising factors that may cause interpersonal relationship problems and assisting appropriately to avoid or overcome the identified problems.
Problem Solving	Managing organisational risks; monitoring progress and determining modifications to high performance training programs; post competition analysis of performance and strategy to identify areas for improvement; dealing with injury or illness to high performance athletes; planning, strategy and resource allocation to design and deliver high performance training and recovery programs; observing high performance athletes and modifying level of instruction to accommodate individual situations.
Initiative and enterprise	Responding to change and demonstrating leadership in change management; engaging high performance athletes in contributing to sharing of knowledge; adjusting coaching techniques to differences in high performance athlete's individual circumstances; reflecting on own coaching practices for improvement; monitoring high performance programs for emerging risks and trends.
Planning and organisation	Managing multiple tasks and resources simultaneously to coordinate high performance training programs and international competition schedules; collecting, recording and analysing information to provide efficient planning for high performance sport coaching; setting work priorities and scheduling individual and team activities to meet performance or competition targets and deadlines; developing and implementing selection policies; designing nutritional strategies to meet athletes needs; implementing and monitoring strength and conditioning programs for high performance athletes.

Self-management	Understanding and complying with the legal and ethical responsibilities that apply to own role within sports coaching and operating autonomously within limits of authority; critically reviewing own strengths and weaknesses; assessing feedback on own performance and determining strategies for improvement; accessing international sport coaching networks to regularly update knowledge and skills.
Learning	Identifying and accessing sources of research on high performance sport coaching and athlete performance enhancement; contributing to a learning environment through openly sharing knowledge and experiences; identifying and accessing internal and external professional development opportunities; critically evaluating high performance training programs; updating knowledge and skills to accommodate changes in sport coaching.
Technology	Understanding and utilising the operating capability of computer systems and software for high performance athlete development; assessing new technologies for suitability for own situation; using information technology to assist in communication and support management and planning functions.

## Packaging Rules

23 units must be completed:

- 15 core units
- 8 elective units:
  - all the units in any one of Groups A to E
  - the remaining to make up the required 8 elective units from General electives; up to 3 of these remaining units may be selected elsewhere in SIS10 or from any current accredited course or other Training Package, and must first be packaged at AQF level 4 or 5.

In all cases selection of electives must be guided by the job outcome sought, local industry requirements and the characteristics of this qualification (as per the AQF descriptors).

<b>Core units</b>	
BSBADM502B	Manage meetings
BSBINN502A	Build and sustain an innovative work environment
SISSSCO304	Customise coaching for athletes with specific needs
SISSSCO305	Implement selection policies
SISSSCO410	Implement a talent identification program
SISSSCO512	Assist athletes to prevent and manage injury and illness
SISSSCO513	Plan and implement high performance training and recovery programs
SISXCAI305A	Conduct individualised long-term training programs
SISXCCS403A	Determine needs of client populations
SISXIND404A	Promote compliance with laws and legal principles
SISXIND406A	Manage projects
SISXIND408	Select and use technology for sport, fitness and recreation
SISXRSK502A	Manage organisational risks
SITXFIN402	Manage finances within a budget
SITXHRM402	Lead and manage people
<b>Electives (8)</b>	
<b>Group A – Equestrian</b>	

SISOEQO409A	Train and condition horses
SISOEQO516A	Manage the education of horses
SISSEQS301A	Demonstrate basic dressage, show jumping and cross-country riding
SISSEQS405A	Teach the intermediate skills of riding over fences
<b>Group B – Golf</b>	
SISSGLF510	Fit and alter golf equipment
SISSGLF512	Manage the structure and facilitation of golf competitions and tournaments
SISSGLF517	Apply advanced skills, tactics and strategies of golf in high performance competition
SISSGLF518	Teach the advanced skills of golf
SISSGLF519	Teach the advanced tactics and strategies of golf
SISSGLF520	Design and implement strategies to increase junior participation in golf
SISSGLF521	Manage on course golf operations
<b>Group C – Martial Arts</b>	
SISSMAR503A	Teach the high performance skills of martial arts
<b>Group D – Rugby League</b>	
SISSRGL511A	Teach high performance Rugby League game skills
SISSRGL512A	Teach high performance Rugby League tactics and game strategy
<b>Group E – Swimming</b>	
SISSSWM303A	Teach the advanced skills of competitive swimming
<b>Group F – Tennis</b>	
SISSTNS205	Interpret and apply the rules and regulations of tennis
SISSTNS307	Coach red stage tennis players

SISSTNS308	Coach orange stage tennis players
SISSTNS309	Coach green stage tennis players
SISSTNS410	Coach stroke production for intermediate tennis players
SISSTNS411	Coach tactics for intermediate tennis players
SISSTNS512	Coach stroke production for high performance tennis players
SISSTNS513	Coach tactics for high performance tennis players
<b>General electives units</b>	
BSBCM401A	Make a presentation
BSBITB501A	Establish and maintain a workgroup computer network
FNSACC503A	Manage budgets and forecasts
FNSACC504A	Prepare financial reports for a corporate entities
ICAICT308A	Use advanced features of computer applications
SISFFIT419A	Apply exercise science principles to planning exercise
SISSGLF314	Perform the advanced skills of golf
SISSGLF315	Apply the advanced tactics and strategies of golf
SISSGLF316	Interpret and apply the rules of golf
SISSCO101	Develop and update knowledge of coaching practices
SISSSDE502	Design and implement strategies to increase participation
SISSSDE503	Develop volunteer management policies
SISSSOF101	Develop and update officiating knowledge
SISSSOF202	Officiate games or competitions
SISSSOF203	Judge competitive situations
SISSSOF305	Officiate in a high performance environment
SISSSOF306	Apply self-management to enhance high performance officiating
SISSSTC301A	Instruct strength and conditioning techniques



SISSTC402A	Develop strength and conditioning programs
SISXFAC303A	Implement facility maintenance programs
SISXFAC404A	Coordinate facility and equipment acquisition and maintenance
SISXFAC506A	Manage stock supply and purchase
SISXIND402	Analyse legal knowledge for organisation governance
SISXIND409	Organise a sport, fitness or recreation event
SISXIND410	Coordinate sport, fitness or recreation work teams or groups
SISXIND507A	Manage education initiatives
SISXRES403A	Use resources efficiently
SISXWHS503	Establish and maintain work health and safety systems
TAEDEL404A	Mentor in the workplace